

## ATHLETIC TRAINER

DISTINGUISHING FEATURES OF THE CLASS: Under the general supervision of a licensed physician and the District Athletic Director, incumbents of this position are responsible for the care, prevention and treatment of athletic injuries involving student athletes who participate in various school sports programs. In accordance with Section 8532 of New York State Education Law, the practice of the profession of athletic training is defined as the application of principles, methods and procedures for managing athletic injuries/illnesses, which shall include the preconditioning, conditioning and reconditioning of an individual who has suffered an athletic injury through the use of appropriate preventative and supportive devices, under the supervision of a physician. Athletic training includes instructions to coaches, athletes, parents, medical personnel and communities in the area of care and prevention of athletic injuries. Incumbents exercise independent judgment in carrying out the details of the work. Supervision may be exercised over paid or volunteer student assistants. Does related work as required.

### EXAMPLES OF WORK: (Illustrative Only)

Provides first aid, CPR, and coordinates emergency transportation, as necessary;

Conducts initial evaluation following an injury and makes a decision regarding management of the injury;

Establishes and implements a program for the purpose of minimizing injuries which includes condition programs, judicious equipment selection, athletic activity safety checks and determination of physical fitness for participation in intended activities;

Provides student athletes, parents, coaches and school staff with information regarding sound health habits and injury care and prevention practices;

Maintains an inventory and determines the need for athletic training supplies, equipment and maintenance services;

Establishes and maintains detailed records on student athletes including sports physicals, incident report forms and prepares reports, as required;

Informs coaches as to whether an injured athlete may resume participation in athletic activities;

Determines if student athletes need joint or muscular support and performs the taping of ankles, wrists, fingers or wrapping of muscles such as hamstrings, quadriceps, etc., to enable student athletes return to functional athletic performance;

EXAMPLES OF WORK (Illustrative Only) (Continued):

Applies appropriate physical therapy, as allowed by law, and/or conditioning for the rehabilitation of an athletic injury;

Monitors the healing progress of injuries and reintegrates student athletes into activities as appropriate;

Refers student athletes and/or families to appropriate physicians, as required;

Coordinates CPR, first aide, and defibrillator in-service training programs for teachers and coaches and the annual health screening and testing procedures;

Serves as consultant in determining student qualifications for participation in particular athletic program (i.e.; determines whether 8<sup>th</sup> grader is eligible for play on high school freshman team);

Assists wrestling and other coaches in monitoring and maintaining proper weight control programs for student athletes;

Attends training events and/or conferences as required or needed to establish and/or maintain proficiency;

Uses computer applications or other automated systems such as spreadsheets, word processing, calendar, e-mail and database software in performing work assignments.

REQUIRED KNOWLEDGE, SKILLS, ABILITIES, AND ATTRIBUTES: Thorough knowledge of modern principles and practices of sports medicine; thorough knowledge of Advanced First Aid, CPR and emergency management procedures; good knowledge of Federal, State and local laws, rules, and regulations related to athletic training; good knowledge of the operation and maintenance of the equipment utilized in an athletic training setting; working knowledge of anatomy and medical terminology; ability to establish and maintain effective working relationships with others; ability to understand and empathize with the needs and concerns of others; ability to interview student athletes and obtain necessary information; ability to motivate and encourage the injured athlete during reconditioning; ability to evaluate, plan and coordinate the appropriate care of injured athletes; ability to use computer applications such as spreadsheets, word processing, calendar, e-mail and database software; ability to keep accurate records and prepare reports, as necessary; ability to plan and supervise the work of others; ability to get along well with others; accuracy; dependability; good judgment; physical condition commensurate with the duties of the position.

MINIMUM ACCEPTABLE TRAINING AND EXPERIENCE: Certification as an Athletic Trainer in accordance with Article 162 of the New York State Education Law.

SPECIAL REQUIREMENT: Current certification in American Heart Association or American Red Cross Standard First Aid and/or Community CPR or EMT certificate at the time of appointment.

SPECIAL REQUIREMENT FOR APPOINTMENT IN SCHOOL DISTRICTS:

In accordance with the Safe Schools Against Violence in Education (SAVE) legislation, Chapter 180 of the Laws of 2000, and by the Regulations of the Commissioner of Education, candidates for appointment in school districts must obtain clearance for employment from the State Education Department prior to employment based upon a fingerprint and criminal history background check.

School Districts  
J. C.: Non-Competitive  
MPM  
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Job Class Code: S270