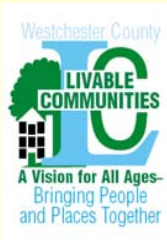


Westchester
gov.com

Andrew J. Spano, Westchester County Executive
County Board of Legislators

Livable Communities: A Vision for All Ages *Bringing People and Places Together*

A Self-Empowerment Community ***VILLAGE APPROACH***



Mae Carpenter, Commissioner
Department of Senior Programs and Services

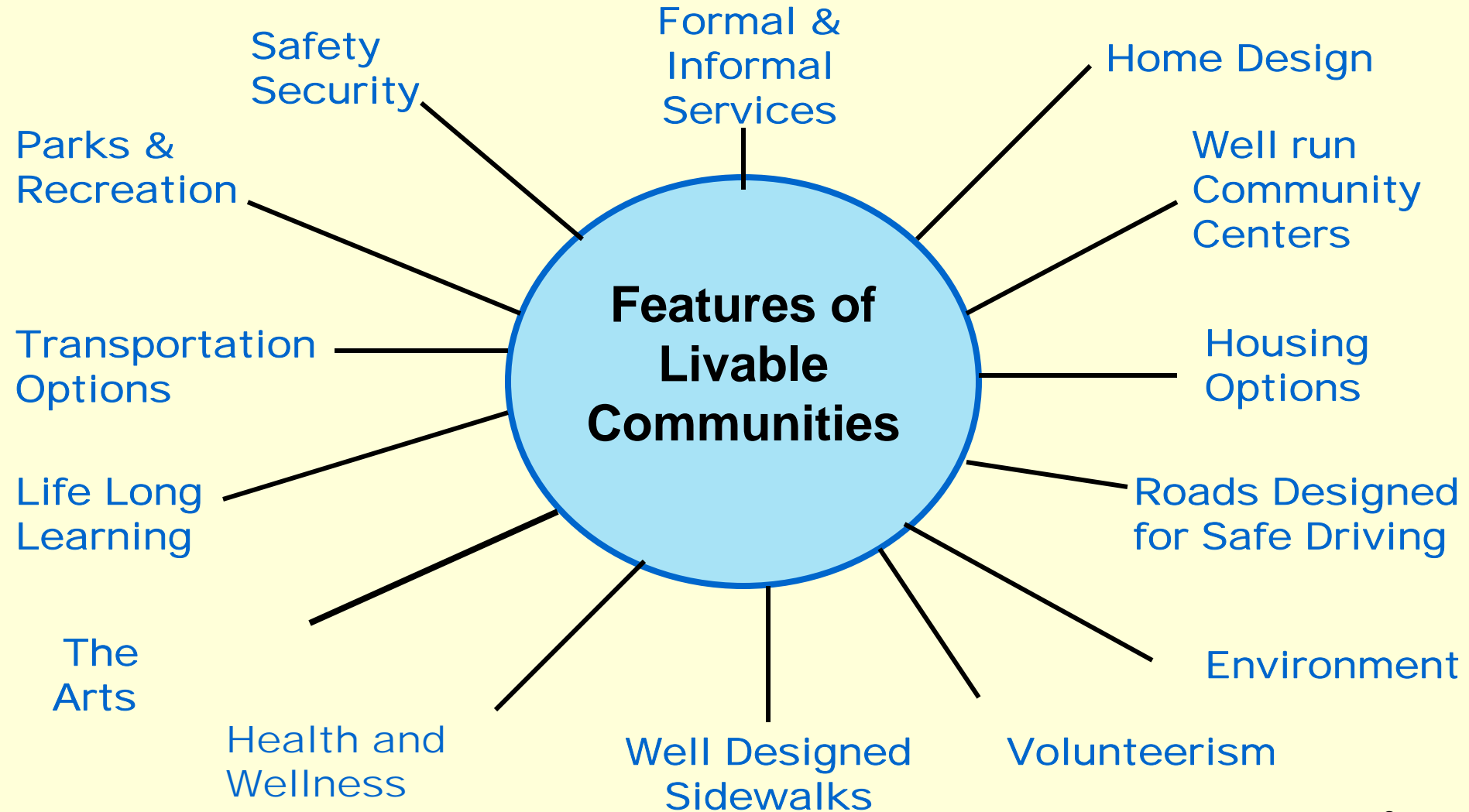
What is a Livable Community? A Vision For All Ages

A community in which
older adults can age
comfortably, happily,
safely, actively
and with access to good
medical care

And do in their homes
and community of choice
for as long as they are
able rather than be forced
to relocate or move into a
nursing home.



Westchester County
Department of Senior Programs and Services
Livable Communities: A Vision for All Ages
Bringing People and Places Together



What is a Village?

Villages are neighborhood associations, houses of worship, congregate housing, federally subsidized housing and civic/social organizations.



Many villages are already in place

- Houses of worship
- Neighborhood associations
- Service clubs
- Social organizations
- Group housing
- Senior centers
- And through what *you* do

What Villages Do?

- Reach out to people of all ages
- Make “*neighbors helping neighbors*” a way of life
- Promote safety and ease in getting around
- Have a “do it now, not tomorrow” mind set




Why are we talking to you?


- Because you already are a village – or capable of becoming one
- We welcome your thoughts on how other villages can be formed
- We want to help you be even more effective in enhancing your community
- We want to collaborate with you

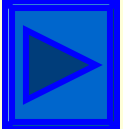
Why become a Livable Communities Village ?


Free Access to:

 Survey and analysis of your Village's needs and strengths

 Educational forums

 Information on what other villages do

 Asset mapping of community resources

 **And more...**

BENEFITS OF ASSET MAPPING SENIORS AND CONTRIBUTIONS TO THE COMMUNITY

Nonprofit Organizations

Seniors provide skilled consultancy and expertise in organizational structure and development. Nonprofits provides interesting volunteer opportunities that use their expertise in the community.

Ethnic Associations

Seniors help with to write monthly publications and organize ethnic association celebrations and gatherings.

Hospitals

Seniors provide meaningful contact through volunteerism to assist patients of all ages during hospitalization.

Colleges & Universities

Seniors provide their experiences through shared intergenerational exchanges. The college and universities support Lifelong Learning.

Source: Aging in Place Initiative

Libraries

Seniors provide tax preparation for neighbors. Library provides meeting space and access to computers and the internet

Parks

Seniors adult work with community organizing group to develop multi-use intergenerational center. Parks provide space for older adults club meetings.

Faith Organizations

Seniors present historical skits and songs along with ethnic food. Faith organization provide contact with community opportunity to tell stories.

Community Based Organizations

Seniors disseminate community information throughout senior buildings. Organizations provide information and tips on crime.

Dept. of Senior Programs and Services

Seniors help to advocate about pertinent issues. The dept. provides nutrition sites and health and wellness information.



Why become a Livable Communities Village ?

Evaluation

- Survey interests and needs of village members to create a Village

Education

- Inform village members about the vital services and issues (i.e., legal and financial services, Long-Term Care planning, caregiving and other areas)

Self-Empowerment

- **Ensure that seniors in your organization and community are aware and encouraged to take care advantage of all benefits that can stretch their shrinking buying power**

Civic Engagement

- Advocate as an “agent for positive change”

Volunteerism

- Coordinate innovative informal volunteer service network (i.e., neighborhood transportation and shared handyman services)

Collaborate

- Share and learn with other livable communities villages by sharing mutual successes (why reinvent the wheel)

Who are the Livable Communities Partners?

- **Westchester County Department of Senior Programs and Services**
- **Westchester Public/Private Partnership for Aging Services**
- **AARP**
- **The Volunteer Center of United Way Westchester and Putnam**
- **Partners for Livable Communities**
- ***And everyone else who lives and/or works in Westchester (including your group!)***

What is your role in the process?

- Participate as a Livable Communities Village
- Get others involved
- Identify the changes your community needs to become more livable**
- Advocate for those changes
- Be a volunteer
- Be a good neighbor
- Share you successes with others

EXAMPLES OF NEW SERVICES

That support seniors to remain in their homes and communities...



Transportation Management

Coordinate volunteer transportation service options



Westchester County Special Needs Emergency Registry



Livable Communities Caregivers Coaching Program (L3C)



Technology

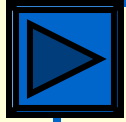
Project Life Saver

Telehealth

Talking Pill Box

Personal Emergency Response System

How to become a Livable Community Village?



Sign up your group to enjoy the benefits of becoming a Livable Community Village by calling **914-813-6406** at the Westchester County Department of senior programs and services



It is recommended that one member be the contact person to receive and exchange information



Begin the exchange of information by reaching out to the Regional Livable Community Connections

REGIONAL LIVABLE COMMUNITY CONNECTIONS

Regional Livable Community Connections (LCC)

North West LCC at
Westchester Community
College:
Etandif Manor, Buchanan, Cortlandt,
Canton-on-Hudson, Ossining, Peekskill
914-606-6528

North Central LCC at Family
Services of Westchester:
Mt. Kisco, Mt. Pleasant, New Castle,
Pleasantville, Sleepy Hollow, Yorktown
914-666-8075

North East LCC at ALOFT:
Bedford, Lewisboro, Mt. Kisco, North Castle,
North Salem, Pound Ridge, Somers
914-764-3356

West Central LCC at
Westchester
Jewish Community Services:
Aubley, Dobbs Ferry, Elmsford,
Greenburgh, Hastings-on-Hudson,
Irvington, Tarrytown
914-761-0600, ext. 314

Mid Central LCC at ElderServe
Safe Center for Seniors:
Eastchester, Scarsdale, White Plains
914-368-5506

East Central LCC at ElderServe
Safe Center for Seniors:
Hampton, Larchmont, Mamaroneck, Port
Chester, Rye, Rye Brook
914-368-5506

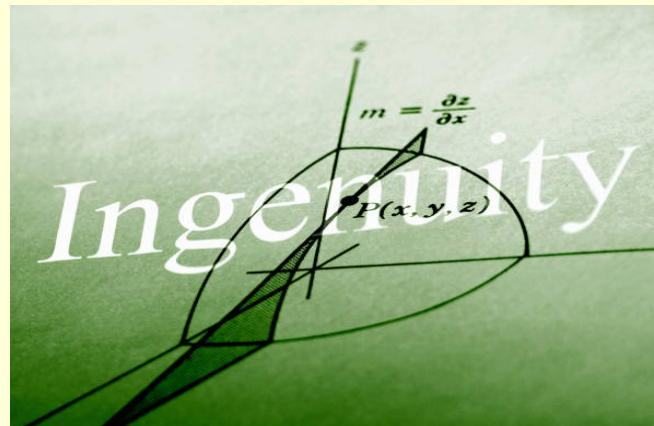
South West LCC at Yonkers
Office for the Aging:
Yonkers
914-377-6822

South Central LCC at
Family Services of Westchester:
Mount Vernon
914-668-9124, ext. 11

South East LCC at City of
New Rochelle Office for Aging
In Partnership with United
Hebrew Geriatric Center:
New Rochelle, Pelham/Pelham Manor
914-235-2363

Livable Communities Village Approach

**Evaluate + Educate + Advocate +
Collaborate =
Empowerment for
positive change**



CONTACT INFORMATION

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914-813-6441 or e-mail cap2@westchestergov.com

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Northern Regional Coordinator, Livable Communities Connections

914-952-9193 or e-mail martin.yablonski@verizon.net

Robert and Susan Cole –Cole Communications

Livable Community Village Presentations

914- 793-0318 or e-mail bcole@colecommPR.com, scole@colecommpr.com