


Andrew J. Spano, Westchester County Executive
County Board of Legislators

At the Crossroads

Westchester County Directory

Retirement Residences
and Assisted Living

Enriched Housing



Residential &
Health Care
Facility Options

Adult Homes

Residential Health
Care Facilities

AT THE CROSSROADS

A Directory of Residential Options for Seniors

Enriched Housing, Adult Homes, Assisted
Living/Retirement Residences and Residential Health
Care Facilities

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The Westchester County
Department of Senior Programs and Services
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Mount Vernon, NY 10550-3414
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**THE WESTCHESTER COUNTY DEPARTMENT
OF SENIOR PROGRAMS AND SERVICES**

MAE CARPENTER, COMMISSIONER

Who We Are

The Older Americans Act of 1965 created structures at the federal, state and local levels to administer programs that help the elderly maintain their health and independence in their homes and communities.

The Westchester County Department of Senior Programs and Services is part of this National Network on Aging, which includes the Administration on Aging in the U.S. Department of Health and Human Services, 57 State Agencies on Aging, 670 Area Agencies on Aging and approximately 27,000 local service provider organizations under contract to the area agencies.

In 1974, the Westchester County Office for the Aging was designated by the New York State Office for Aging as the Area Agency on Aging to serve all persons 60 years of age and older in the Westchester geographic area. In March 2001, the Westchester County Office for the Aging became the Westchester County Department of Senior Programs and Services.

Our Mission

The mission of the Westchester County Department of Senior Programs and Services is to identify and prioritize the needs of the elderly in Westchester County; create comprehensive and coordinated plans for meeting those needs; advocate for responsive policies, programs, actions, legislation and resources on behalf of the elderly, and to administer programs under the federal Older Americans Acts, the New York State Community Services for the Elderly Act and other federal, state and county funded programs and services for the elderly.

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FOREWORD

This directory is intended to help individuals who feel they can no longer continue to live at home. It is also for families who must make decisions about future living arrangements for loved ones.

There are many choices available and this directory defines existing care options. Some are:

Nursing Home/Residential Health-Care Facilities: any type of institution providing residential nursing and rehabilitative care to the frail elderly

Adult Homes: offer less medical care and supervision

Enriched Housing Program: community-based living with personal care and congregate meals

Retirement Residences: independent living with limited or no medical access

Assisted Living: independent living with personal care services

This directory is designed to help you determine the right level of care and suggest the necessary steps to evaluate the condition and circumstances of the individual.

In the section entitled Tips for Selecting a Health-Care Facility, questions are outlined that should be asked in the selection of a home or facility. This is followed by a section called What About Costs? that explains possible financial benefits, as well as assistance programs. Inclusion in this directory of agencies and facilities does not mean endorsement by the Westchester County Department of Senior Programs and Services, nor does omission mean disapproval. A careful and thoughtful reading of the text and personal investigation of facilities is recommended before any decisions are reached.

The Westchester County Department of Senior Programs and Services hopes that this directory will be helpful to those "At the Crossroads."

AT THE CROSSROADS

Care Options

Remaining at Home

You are at the crossroads, thinking about the possibility of making a change in lifestyle because of illness, injury or the increasing frailty of age. The first question to ask is: Is a special facility or institution really needed?

As long as an older person is able - mentally and physically –to cope with daily activities, or needs just a little help, he or she should not live in an institutional facility. Whenever possible, it is preferable to provide health care and other support services in the home. People are happier in the familiar and comfortable setting of their own homes.

There are two types of home-care services approved by the New York State Health Department:

Certified Home-Health Agencies — offer a variety of health-care services to individuals in their own homes, generally when short-term care is needed. Such services include nursing, home health aide assistance, physical, occupational and speech therapy, nutrition counseling and medical social services.

Long-Term Home Health Care Program is an alternative to institutional facilities, designed to coordinate health care and social services for persons with long-term needs and medical conditions traditionally treated in a nursing home.

Other community-based services that could help keep an elderly or ill person at home include home-delivered meals, personal care, adult day care, transportation and escort services, telephone reassurance, volunteer visits and family respite.

For more information on home care services and other alternatives, contact the Westchester County Department of Senior Programs and Services at (914) 813-6300.

Going To a Residential Care Facility

For those who are unable to remain at home, there are five types of residential care options that should be considered.

(1) Enriched Housing Program: For those capable of living in community-based housing but in need of moderate personal care and supportive services.

(2) Retirement Residences: For those in good health, still active and able to live independently.

(3) Assisted Living: For those having moderately good health and independent capabilities but need personal care services.

(4) Adult Homes: For those in need of supervised residential care.

(5) Residential Health-Care Facility (Nursing Home): For those needing various levels of skilled nursing care.

Determining the Right Level of Care

Discussion: Assess the situation, including if possible, the person involved, family members, the doctor and the hospital social worker if the person is hospitalized. If the person is not hospitalized, advice and counseling are available from many social service agencies that offer case management programs.

Evaluation: Determine the person's present and potential capacities for self-maintenance. Both physical and mental evaluations are necessary. This information must be documented on a Patient Review Instrument (P.R.I.).

P.R.I. Form: This form is used as a guideline to determine the nursing requirements of a patient as well as appropriate placement. The P.R.I. score indicates whether an individual requires a skilled nursing facility or an adult home (residential care). Copies of this form are required by all health care facilities and must be received before an admissions determination can be made. This form must be updated every 90 days until placement is accomplished.

How do you obtain a P.R.I. evaluation?

In a Hospital - An evaluation by the doctor, nursing staff and social service department staff is recommended so that it can be determined if, upon discharge, the patient will be able to return home or must make other plans. If it is apparent that a person's needs cannot be met at home, a New York State P.R.I. form can be obtained and filled out by hospital staff.

In the Home - Consult the family doctor or call one of the visiting nurse services or the public health departments. A qualified person will be sent to the home to make an evaluation and provide and complete the P.R.I. form.

Tips for Selecting a Care Facility

After the steps are taken to determine which level of care is appropriate - and after the financial situation including income, assets, benefits and assistance plans is evaluated - use as many of the following steps as possible to help decide which is the home or facility that will best match the individual's needs.

1. Consider the Location: There is an advantage to having a person near his or her home community, family and friends, since visitors are vital. Therefore, distance, travel time, and transportation can be important factors. Choose the kind of environment (urban, suburban, rural), type of setting and building that will be most comfortable for the person involved.

2. Visits: Personal visits to homes or facilities are a "must," preferably with the person involved. Only by visiting can one evaluate if a home or facility is appropriate. Try to meet the administrator and other staff such as head nurse, social worker and program persons.

3. Ask For: Request any available literature and the financial arrangements including down payments, special charges and whether the home or facility will accept SSI or Medicaid after an individual's personal assets are used up.

4. Look For:

a) Atmosphere: Is it institutional or home-like? Over-organized or dull? Do the patients or residents appear content and on comfortable terms with the staff? Does the facility please your taste?

b) Special Services: Does the facility provide the medical care, therapy or treatment needed for the person? Are treatment or therapy rooms in use? Are dietary restrictions observed? Is the food appetizing? Are there staff and residents who speak the person's language? Are religious services appropriate and adequate? Is there community involvement, a volunteer program or ombudsman so that people from outside the home or facility can see how things are going?

c) Accommodations: Is there an area for privacy? A library? Chapel? Usable outside space such as patios and walks? Is there an elevator? Are the rooms large and light? Is the building well maintained? Are there any odors? Are dining accommodations attractive? Are the bathrooms clean and in order?

d) Care: Does there seem to be enough staff? Is the staff actively working with the residents or patients? Helping them walk? Eat? Are the patients or residents receiving attention? Are their requests and preferences being met? If it becomes necessary to move a person because of a change in health, are appropriate facilities nearby or attached?

e) Other Residents or Patients: Will others in the facility be congenial and friendly? Do they seem alert, responsive? Are they clean if they are not able to care for themselves? Are they up and about or sitting in the lounges watching television or lying in bed in their rooms? How are they grouped if the facility is large?

f) Recreation Program: How many hours per week does the staff recreation person work? Are there extra recreation facilities? Will the program offered match the individual's interest? Are there social hours, parties, trips? How often?

5. Check References: Try to do some research on the facility in question. Although professional agencies will not offer judgments, volunteers or friends and family members of residents may give some insight into the strengths and weaknesses of different facilities.

6. Visit More Than One: Try to visit at least three different places in the same category. First, because visiting a home or facility for the first time may be difficult and details may be overlooked. Second, because comparison of the differences will add to the information necessary to make a better decision.

Keep Visiting on a Regular Basis!

If a member of your family requires nursing care, the most valuable contribution to their successful adjustment to a new environment is to constantly stay in contact. Warm and loving support and a constant eye for his or her comfort and well-being are essential. Even if your loved one no longer recognizes you, they will enjoy your company and you can keep an eye on their well-being.

WHAT ABOUT COSTS?

Possible Financial Benefits and Assistance Programs

For In-Home Services - Individuals may:

1. meet the costs of the services from income, assets or health insurance programs;
2. be eligible for a lowered fee scale (sliding scale), from local county programs and a few non profit home-care agencies, according to financial need;
3. in some instances have the costs met by the Medicare* (Part A-Hospital Insurance) program of Social Security;
4. be eligible for Medicaid* which covers most home health-care services including homemaker, home nursing and home health-aide services if the doctor says these are needed. Medicaid pays the approved cost of physicians, dentists, hospitals, x-ray and lab services, outpatient or clinic services, podiatry, optometry, chiropractic, home care and psychiatric services, as well as for drugs, eye glasses, hearing aids and sick room supplies. Medicaid will also pay for the cost of approved transportation services.

Remember - governmental assistance programs such as Supplemental Security Income and Medicaid will pay the cost of keeping an individual in his or her home, as well as for residential or health care facilities services.

For Adult Homes - Individuals may:

1. meet the costs of the service from their own income or assets;
2. be eligible for Supplemental Security Income* (SSI) which pays a special rate to these homes plus an allowance to the individual.

For Enriched Housing Programs-Individuals may:

1. meet the cost of service from their own income and assets;
2. be eligible for SSI

For Retirement Residences and Assisted Living - Individuals may:

1. meet the costs from their own income or assets.

For Residential Health-Care Facilities (Nursing Homes) - Individuals may:

1. meet the costs from their own income, assets or long-term health care insurance.
2. be eligible for Medicaid* which covers costs.

*Contact the Westchester Department of Senior Programs and Services for more information at (914) 813-6300.

Patient's Rights

The following is a condensed version of Patients Rights established in 1964 in compliance with Title VI of the Civil Rights Act, which requires the administration of each facility to draw up written policies of its responsibilities to the patient.

These rights should be posted publicly in the facility and issued to a patient upon admission to any facility.

Each patient:

1. is to be fully informed of these rights prior to or at time of admission.
2. is to be fully informed prior to, or at time of admission, of services available in the facility or any changes in the charges.
3. is to be fully informed of his medical condition and allowed to participate in the planning of his medical treatment and to refuse to submit to medical research.
4. is to be transferred or discharged only for medical reasons, or for his welfare or that of other patients, or for non-payment for stay. He shall be given reasonable advance notice.
5. is encouraged and assisted to exercise rights and voice grievances free from restraint or reprisal. (Many patients' committees are now being formed for this purpose.)
6. may manage his personal finances or is given at least a quarterly accounting of financial transactions.
7. is to be free from mental and physical abuse, and free from chemical and (except in emergencies) physical restraints, except on physician's orders or to prevent injury to himself or others.
8. is assured confidential treatment of his personal and medical records.
9. is treated with consideration, respect and full recognition of his dignity and individuality, including privacy in treatment.
10. is not required to perform services for the facility.
11. may communicate with persons of his choice, send and receive personal mail unopened.
12. may participate in social, religious and community activities.

13. may retain and use his personal clothing and possessions as space permits.
14. if married, is assured privacy for visits with his/her spouse. If both are inpatients they are permitted to share a room.

All rights and responsibilities specified here are transferred to the next of kin if the patient is judged incapable of understanding these rights.

To foster a more sympathetic understanding of the problems of persons in residential health care facilities and to improve their quality of life, an Ombudsman program is sponsored by the Westchester County Department of Senior Programs and Services and administered by the Westchester Mental Health Association. Trained volunteers have access to all facilities, lend an ear to patients and staff, observe needs, help patients and manage and try to create a better atmosphere. For further information, call: (914) 345-3993 ext. 234

I

ADULT HOMES

For adults of all ages who need supervised residential care due to the inability to live independently but do not require medical care. Room and board, 24-hour supervision, housekeeping, some personal care and activities are provided. It is important to note that there are broad variations in atmosphere and services within this category of homes due to sponsorship, administration and the character of the resident population. Adult Homes are licensed by NYS Department of Health and must meet certain requirements. Great care must be taken to visit and inspect an adult home before selection is made, as they vary from small family-type residences to larger more institutional-looking establishments. Some are connected with other facilities, simplifying transfer as the need for medical and nursing care arises.

**TO LEARN MORE ABOUT ADULT HOMES VISIT
WWW.SENIORHOUSING.STATE.NY.US**

Crestview Manor Home for Adults

150 Old Saw Mill River Rd
Hawthorne, NY 10532
914-769-1762

Building & Grounds:

1972, 2-story brick building in suburban residential area with patios and elevator

Capacity:

76 beds, private and semi-private rooms

Resident Characteristics:

Mostly geriatric requiring assistance with daily living activities and supervision

Special Services:

Visits by internists, psychiatrist, podiatrist, meals, respite care

Danish Home for the Aged

1065 East Quaker Bridge Rd PO Box 334
Croton-on-Hudson, NY 10520
914-271-3052

Building & Grounds:

1920, Norman stone farmhouse, 48 acres, library, no public transportation

Capacity:

24 beds, rooms with private bath

Resident Characteristics:

Most of Danish descent or married to a Dane. Men and women accepted, 65 years and older in good health, couples

Special Services

Meals, personal care, supervision, recreation, activity programs, Danish tradition

Dillard Home for Adults
187 Cottage Ave
Mount Vernon, NY 10550
914-664-5046

Building & Grounds:

Early 1900's frame and stucco building, integrated residential area with porch, elevator

Capacity:

21 beds, private and semi-private rooms with shared bath

Resident Characteristics:

Men and women, aged, blind and disabled

Special Services:

Meals, personal care, supervision, recreation

ELANT at Sleepy Hollow
620 Sleepy Hollow Road
Briarcliff Manor, NY 10510
914-941-7507

Building & Grounds:

1907, stone building on grounds with Brandywine Nursing Home, 27 rural acreage with open terrace and walks, elevator

Capacity:

31 single rooms with bath. Call bells in bedroom and bathroom

Resident Characteristics:

Serving elderly men and women. Accommodations for married couples

Special Services:

Special diets, house keeping, nursing services, case management, home health care, Alzheimer's/dementia care

Lincoln Rest Home

12 Lincoln Avenue
Ardsley, NY 10502
914-693-1146

Building & Grounds:

1930's, 2-story home, suburban area, gardens and lawn, no elevator

Capacity:

23 beds, 5 single rooms with bath, 10 double rooms with shared bath

Resident Characteristics:

No age requirements, accepts mild psychiatric residents

Special Services:

Registered Nurse, rehabilitation and geriatric programs, mild psychiatric care, on-going treatment programs

Mohegan Park Manor Home for Adults

3441 Lexington Ave RFD1
Mohegan Lake, NY 10547
914-528-3512

Building & Grounds:

1975, brick building, suburban setting, limited outside space

Capacity:

150 beds, 75 double rooms with shared bath

Resident Characteristics:

Men and women 25 years and up. Will accept difficult personalities

Special Services:

Psychiatric day care, meals (kosher food pack available), recreation

New Rochelle Home for Adults

41 Lockwood Ave
New Rochelle, NY 10801
914-576-1202

Building & Grounds:

1976, air-conditioned 7-story brick building in city, lounges, elevator and recreational area

Capacity:

250 beds, 1 single room/bath, 124 double rooms/shared bath

Resident Characteristics:

Will accept 30 years and over, psychiatrically disabled, partially handicapped and couples

Special Services:

Medical and psychiatric rehabilitation, meals, recreation

Palisade Gardens

185 Palisade Ave
Yonkers, NY 10703
914-966-1300

www.maxine@homeforadults.com

Building & Grounds:

1942, 4-story brick building in urban area, porches and small usable outside space, share grounds with skilled nursing facility

Capacity:

106 beds, 30 single rooms, 38 double rooms, some w/full bath, others w/toilet, washing facility and shared bath

Resident Characteristics:

Men and women 50 years plus. (Accept a few under 50.)
Ambulatory, blind, deaf/self-sufficient

Special Services:

Meals, housekeeping, personal care, access to mental health clinic, recreation

Seabury Home
2276 Catherine Street
Cortlandt Manor, NY 10567
914-737-2255 www.the-seabury.com

Building & Grounds:

Recently built 2-story facility, beautiful multi-acreage suburban setting, on grounds with Field Home-Holy Comforter Nursing Home

Capacity:

40 units

Resident Characteristics:

Seniors who are independent and still active but need some assistance

Special Services

Personal care, case management, medication management, three meals daily, full activity program

St. Michael's Home

3 Lehman Terrace
Yonkers, NY 10705
914-476-3374

Building & Grounds:

Completely renovated, modern facility, residential neighborhood with gardens and outdoor seating areas. All rooms equipped with call buttons, smoke detectors and sprinkler system

Capacity:

60 beds, private rooms with bath, private rooms with common bath, semi-private rooms with common bath

Resident Characteristics:

Seniors. Will accept partially handicapped, interview necessary

Special Services: Two physicians and one podiatrist visit once a week, meals, recreation

Sunnydale Home for Adults

809 Stuart Ave
Mamaroneck, NY 10543
914-698-2824

Building & Grounds:

Frame building set in residential area with lake view, 2 porches, no elevator

Capacity:

17 beds, 5 single rooms, 6 doubles with shared baths

Resident Characteristics:

Adult men and women

Special Services:

24-hour nursing coverage, meals (international cuisine), personal care, recreation

Town and Country Adult Living

53 Mountain Ave
Mount Kisco, NY 10549
914-244-3788

Building & Grounds:

1994, renovated turn of the century inn on 4.5 acres, suburban setting, panoramic views

Capacity:

44 beds, private rooms and suites with baths

Resident Characteristics:

Active seniors

Special Services:

Meals, personal care, supervision, recreation

White Plains Guest Home

32 Ridgeview Ave
White Plains, NY 10606
914-949-8984

Building & Grounds:

Early 1900's building in residential area, garden, no elevator

Capacity:

15 beds, 5 single rooms/community baths; 5 double rooms/community baths

Resident Characteristics:

Geriatric population, will accept 60 years and older

Special Services:

Psychiatric Day Care available, recreation

II

ENRICHED HOUSING

This program's licensed by the New York State Department of Health and provides congregate meals, housekeeping, homemaking, transportation, social activities, supervision and personal care for individuals aged 65 and over. The program operates in multi-unit buildings. An entire building may be licensed to provide Enriched Housing Services to all residents, or a specified proportion of residents in a senior or family apartment development.

Family Services of Westchester at Maple House

15 Maple Place
Ossining, NY 10562
914-941-9415

Building & Grounds:

6-story building, 106 apartments, urban setting

Capacity:

(25) 1 bedroom apartments allocated for Enriched Housing Program

Resident Characteristics:

Able to live independently with moderate assistance

Special Services

Nursing supervision, meals, case management, shopping, recreation (once a month) and home-care arrangements available

III

RETIREMENT RESIDENCE/ ASSISTED LIVING

Retirement Residence

Not regulated by New York State, Retirement Residences are multi-unit housing facilities that are planned, designed and managed to provide for the housing needs of older persons who are active, able to live independently and in good health. Some facilities may provide limited medical access; some provide the services of an on-site service coordinator who arranges personal care services for residents with outside medical providers, while others provide on-site home health care services.

Assisted Living

Assisted Living residences may be free standing or housed with other residential options, such as a Retirement Residence or Residential Care Facility (Nursing Home). Licensed by NYS Department of Social Services and the Department of Health, Assisted Living Program was designed to provide an alternative to placement in a nursing home for those not needing intensive medical care or supervision. The facility is responsible for providing or arranging for resident services that include housekeeping, supervision, personal care, case management and limited health services.

Andrus on Hudson
185 Old Broadway
Hastings-on-Hudson, NY 10706
914-478-3700 x615

Building & Grounds:

1953, 6-story building, 26 acres overlooking the Hudson River, lawns, garden, nature paths, library etc.

Capacity:

247 apartments, 195 single rooms with bath, 19 suites for couples, 52 skilled nursing beds

Resident Characteristics:

Seniors who are 65 and older, independent, in reasonable good health and are interested in active retirement

Special Services:

Attending physician, 24-hour skilled nursing care, rehabilitation, therapeutic diets, transportation, recreational, social activities

Atria Briarcliff Manor
1025 Pleasantville Road
Briarcliff Manor, NY 10510
914-923-4400 www.atriaassistedliving.com

Building & Grounds:

Modern building, breezy porches and cozy parlors, suburban setting

Capacity:

200 apts, 120 furnished apts, private and semi-private rooms with bath

Resident Characteristics:

Independent and active to those needing assistance

Special Services:

Healthcare coordinator, meals housekeeping, laundry, linen, case management, beautician, transportation, recreational programs

Atria on the Hudson
321 N. Highland Avenue
Ossining, NY 10562
914-762-1980 www.atriaseniorliving.com

Building & Grounds:

10 acres, remodeled Hudson River Inn

Capacity:

112 apartments, from studios to 2 bedroom apartments

Resident Characteristics:

Independent well elderly to those needing assistance

Special Services:

Meals, housekeeping, health services, transportation, tennis, swimming, billiards

Atria of Rye Brook
1200 King Street
Rye Brook, NY 10573
914-939-2900 www.atriaseniorliving.com

Building & Grounds:

Modern colonial styled facility, exquisite interior designs and unique collection of furnishings, nestled in the distinguished community of Belle Fair

Capacity:

166 gracious 1 & 2 bedroom apartments, fully equipped kitchen w/granite countertops, washers/dryers, spacious baths and crown moldings in living areas

Residential Characteristics:

Independent and active seniors to those needing assistance

Special Services:

Fitness center, library, hair salon, barber shop, social activities, housekeeping, fine dining, etc.

Atria Woodlands
1017 Saw Mill River Rd.
Ardsley, NY 10502
914-693-7700 www.atriaseniorliving.com

Building & Grounds:

Nestled on 7.5 acres of beautifully landscaped grounds, wonderful views.
Convenient location near shopping and dining

Capacity:

100 luxury independent living w/washer & dryer, studios to 2 bedroom w/2 baths,
25 studio apartments for those with memory impairment

Residential Characteristics:

Offers independent and assisted living as well as memory care. The largest
wellness center in Westchester County

Special Services:

Fitness center & spa, library, computer center on-site, personal care,
housekeeping, laundry and maintenance services, restaurant-style dining,
transportation

Bethel Springvale Inn
62 Springvale Road
Croton-on -Hudson, NY 10520
914-739-4404 www.bethelwell.com

Building & Grounds:

Completely renovated, 3-story garden apartment complex on landscaped
grounds in scenic Croton on the Hudson

Capacity:

125 spacious studios and 1 bedroom apartments, private bath and kitchenettes,
wall to wall carpeting and individually controlled heating & AC

Resident Characteristics:

Independent, and still active to those requiring assistance

Special Services:

Medical services, special diets, recreation, daily housekeeping, swimming,
exercise program, shopping trips etc.

Classic Residence by Hyatt
537 Riverdale Avenue
Yonkers, NY 10705
914-709-1234 www.hyattclassic.com

Building & Grounds:

Highrise building with spectacular views of the Hudson River and city lights

Capacity:

199 independent living apartments, 75 personal care apts, 36 memory support apartments, from studios to 2 bedroom apartments

Resident Characteristics:

Ranges from independent and still active seniors to those requiring assistance

Special Services:

Fitness center, computer center, art studio, library, wellness center, personal care center, memory center, monitor medications, mild to moderate Alzheimer's

Country House in Westchester
2000 Baldwin Road
Yorktown Heights, NY 10598
914-962-3625

Building & Grounds:

1976 chalet, 1-story, rural acreage with lawns, gardens, patios, greenhouse, library etc.

Capacity:

88 apartments, 81 studios with bath, (7)1 bedroom suites with bath

Resident Characteristics:

Ages 65 yrs. and up in good physical and mental health. Will accept deaf, diabetic, legally blind

Special Services:

Meals, housekeeping, 24-hour nursing supervision, respite care, emergency response systems, transportation, social work/case management

Drum Hill Senior Living Community

90 Ringgold Street
Peekskill, NY 10566
914-788-8860

Building & Grounds:

Renovated historic landmark building overlooks the Hudson River Valley.
Elegant lobby, lounge and dining room

Capacity:

120 spacious studios, 1 bedroom and 2 bedroom apartments with full kitchens

Resident Characteristics:

Independent seniors 62 and older

Special Services

Two meals-lunch and dinner- 24-hour security, transportation, housekeeping, beauty shop, recreational activities

Kendal On Hudson

1010 Kendal Way
Sleepy Hollow, NY 10591
914-922-1000
www.kohud.kendal.org

Building & Grounds:

Kendal on Hudson has a variety of residence styles and sizes. The community features gardens, sidewalks, and a promenade overlooking the Hudson River adjacent to Phelps Memorial Hospital Center in the Village of Sleepy Hollow

Capacity:

222 apartments in multistory buildings

Resident Characteristics:

A range of individual lifestyles that optimizes mobility for people with a variety of physical capabilities

Special Services:

Choice of apartment type with fully equipped kitchen, washer and dryer, handicapped-accessible bathrooms, individually controlled heating and air conditioning. 24-hour emergency response system. Community center with lounges, library, bank, beauty/barber shop, recreational facilities. Health center staffed 24 hours a day

Lohman Village at the Wartburg
Wartburg Place
Mount Vernon, NY 10552
914-513-5444 www.thewartburg.org

Building & Grounds:

Gracious neighborhood of cottages with its own village green, ample parking, and private clubhouse and fitness center. On landscaped 36-acre campus with formal and informal gardens, smooth walkways, shady gazebos and benches

Capacity:

31 one and two-bedroom cottages

Resident Characteristics:

Independent and active seniors

Special Services:

Each air-conditioned one or two bedroom cottage features a living room, full kitchen, walk-in closets, and large screened-in Florida room, and its own laundry center. Cottages are equipped with a personal emergency response system, and residents have priority access to other on-campus services, including social and recreational activities

Meadowview Assisted Living at the Wartburg
2 Wartburg Place
Mount Vernon, NY 10552
914-513-5444 www.thewartburg.org

Building & Grounds:

Modern 4-story residence on landscaped 36-acre campus with smooth walkways, shady gazebos, gardens and cozy benches. Ample free parking

Capacity:

88 studios, 1 and 2 bedroom apartments, 15 apartments - memory care, Alzheimer's secure setting. Apartments are available at monthly rental market rates, which include all utilities

Resident Characteristics:

Independent but require some assistance with activities of daily living

Special Services:

Three restaurant style meals a day, housekeeping and laundry services, concierge services, on-site nursing and physician office, and social and recreational activities. Local transportation and entertainment. Full-time chaplain on campus. Optional additional personal care support service offered. Short-stay program

Sunrise Assisted Living at Fleetwood

500 North Columbus Avenue
Mount Vernon, NY 10552
914-667-5660

Building & Grounds:

Recently built two-story complex w/wraparound porches & terraces, gardens & walking paths, sunroom, quality furnishing and artwork throughout common areas

Capacity:

65 assisted living apartments from studios to two bedroom suites. Apartments in separate area for those with memory impairment

Resident Characteristics:

Elderly and frail seniors requiring assistance

Special Services:

Restaurant style dining, housekeeping, personal care, memory program, activity center, social/cultural programs, medication management, transportation, etc.

The Esplanade

95 South Broadway
White Plains, NY 10601
914-761-8100x7160 www.esplanadesenior.com

Building & Grounds:

15-story former hotel, suburban setting, near malls, transportation, etc.

Capacity:

175 apartments, deluxe studios w/1 bath, 2 bedroom w/3 baths and kitchenette

Resident Characteristics:

From independent and active to those needing assistance

Special Services:

Dementia, Alzheimer's care, nursing services, meals, transportation, library, chapel

The Fountain at RiverVue
1 RiverVue Place
Tuckahoe, NY 10701
914-768-6000, 800-780-9186 www.thefountains.com

Building & Grounds:

4-story building close to the villages of Bronxville and Scarsdale

Capacity:

24 independent living apartments, 102 assisted living apartments. Resident with dementia & Alzheimer's can be accommodated. Two bedroom efficiency apartments

Resident Characteristics:

Independent and active seniors to those needing assistance

Special Services:

Dining, housekeeping, transportation, recreational program, assisted living program, medication assistance, Alzheimer's care, skilled nursing care, homecare services

The Osborn Retirement Community

101 Theall Road
Rye, NY 10580
914-921-2200 www.theosborn.org

Building & Grounds:

1908, Georgian styled building. Recently completed apartment complex and 2 bedroom garden homes with patio or deck and attached garage, nestled on secure picturesque 56 acre campus with residential health care facility

Capacity:

40 assisted living apartments, 213 independent living apartments, 40 garden homes

Resident Characteristics:

Independent and active seniors to those needing assistance

Special Services

Wide spectrum available including: maintenance, housekeeping, dining, home care, cultural programs, activities, scheduled transportation, home care agency, continuing care community etc.

The Seabury at FIELDHOME
2276 Catherine Street
Cortlandt Manor, NY 10567
914-737-2255 www.theseabury.com

Building & Grounds:

Newly built 2-story facility on grounds with Field Home-Holy Comforter Nursing Home, beautiful multi-acreage, suburban setting

Capacity:

80 units, 40 assisted living units and 40 memory support units

Resident Characteristics:

Assisted Living: Seniors who are independent and still active but need some assistance

Memory Support: Seniors that need assistance and cueing due to cognitive impairment

Special Services:

Personal care, case management, medication management, 3 meals daily, full activity program

Westchester Meadows
55 Grasslands Rd.
Valhalla, NY 10595
914-989-7800 www.westchestermeadows.org

Building & Grounds:

2-story modern facility, suburban setting

Capacity:

140 apartments, two-4 bed Alzheimer's units; one 20 bed special care, kitchenettes - 2 bedrooms, 120 independent living, 10 assisted living, maximum 2 persons to an apartment

Resident Characteristics:

Broad spectrum, from very independent to requiring total assistance with all activities of daily living

Special Services

Pets allowed, recreation, transportation, Alzheimer/dementia unit, nursing services, nursing home on property

Willow Towers
355 Pelham Road
New Rochelle, NY 10595
914-636-6565 www.willowtowers.com

Building & Grounds:

8-story state of the art residence with 2-story atrium and dazzling views of the Long Island Sound

Capacity:

125 apartments from studio to 2 bedroom suites, of which 20 are dedicated to Memory Support. Licensed as Enriched Housing-assisted living amenities

Resident Characteristics:

Active, independent seniors to those requiring support services

Special Services: Exercise room, putting green, recreation, transportation, library, art studio, 3 meals, computer, pets, wellness center, medication assistance, nursing home on property, in-room emergency response system

IV

RESIDENTIAL HEALTH CARE FACILITY **(Nursing Home)**

Licensed by NYS Department of Health, these facilities are known as skilled nursing, intermediate or extended care facilities or nursing homes. Residential Health Care Facilities integrate custodial care with nursing, psycho-social and rehabilitative services on a continuing basis, providing moderate levels of nursing care for those in better health as well as 24-hour skilled nursing and medical care with physician supervision for the very frail. Each individual's potential is evaluated at the time of admission and their care is tailored to their unique need.

**TO LEARN MORE ABOUT RESIDENTIAL HEALTHCARE
FACILITIES VISIT WWW.HEALTH.STATE.NY.US**

Bayberry Nursing Home
40 Keogh Lane
New Rochelle, NY 10805
914-636-3947

Building & Grounds:

Modern, air-conditioned building on water front property, individually designed and decorated bedrooms-most with picturesque water views

Capacity:

60 beds, private and semi-private with private bath

Resident Characteristics:

Broad spectrum, from very independent to requiring total assistance with all activities of daily living. All religious denominations

Special Services:

24-hour skilled nursing care, physical/occupational/ speech therapies, meals, laundry, recreation, exercise, beautician/barber

Bethel Nursing and Rehabilitation
87 Springvale Road
Croton on Hudson, NY 10520
914-941-7300

Building & Grounds:

Brick building in residential area with lawns and gardens, adjacent to the Bethel Nursing Home

Capacity:

112 beds, private and semi-private rooms

Resident Characteristics:

Requires 24-hour nursing care, physician monitoring, and assistance with activities of daily living (ADL).

Special Services:

24-hour nursing care, medical services, personal care, recreation, religious services, adult day care, long-term care

Bethel Nursing Home
17-19 Narragansett Avenue
Ossining, NY 10562
914-941-7300

Building & Grounds:

Air-conditioned brick building in residential area with lawns and gardens, adjacent to the Bethel Methodist Home

Capacity:

78 beds, private and semi-private rooms

Resident Characteristics:

More intense needs and cares, 24-hour nursing care, medical supervision and intervention

Special Services:

24-hour nursing care, medical services, personal care, recreation, religious services, social services, special diets, entertainment

Cedar Manor Nursing Home
Cedar Lane, PO Box 928
Ossining, NY 10562
914-762-1600

Building & Grounds:

1967, air-conditioned, single story building in residential area overlooking the Hudson River, patios, lawns & walks, central atrium courtyard

Capacity:

153 beds, three nursing units with private and semi-private units

Resident Characteristics:

Frail, elderly or anyone needing skilled nursing care

Special Services:

24-hour nursing care, hospice, therapeutic diets, personal care, recreation, social activities

Cortlandt Health Care
110 Oregon Road
Cortlandt Manor, NY 10567
914-739-9150

Building & Grounds:

Modern brick building, 6 acres, suburban area, lawns and gardens, shaded patio, recessed balconies, solarium

Capacity:

120 beds, 17 single rooms with bath, 15 single and 44 double with shared baths

Resident Characteristics:

Men and women. Most admissions to intensive nursing care come from facilities own intermediate care unit

Special Services:

24-hour skilled nursing care, short term rehabilitation, therapeutic diets, recreation, trips, shopping

Dumont Masonic Home
676 Pelham Road
New Rochelle, NY 10805
914-632-9600

Building & Grounds:

Air-conditioned building with individual room temperature control, located in suburban area overlooking the Long Island Sound. Day rooms and sun decks with excellent view

Capacity:

196 beds, private and semi-private rooms

Resident Characteristics:

Residents come from a wide variety of ethnic and religious backgrounds

Special Services:

24-hour skilled nursing care, full time medical staff, rehabilitation, therapeutic and kosher diets, personal care assistance, social services, recreational and social activities

ELANT at Brandywine
(Formerly Brandywine Nursing Home)
620 Sleepy Hollow Road
Briarcliff Manor, NY 10510
914-941-5100

Building & Grounds:

Modern 2-story air conditioned building on 27 acres with patios and brick walkways

Capacity:

131 beds, 20 single rooms w/ bath, 42 doubles and four 3-4 person suites with shared bath

Resident Characteristics:

Servicing young adult and geriatric population of varied disabilities. Short-term rehabilitative services for persons intending to return to the community

Special Services:

24-hour skilled nursing care, specializes in sub-acute and rehabilitative services, Alzheimer's unit, personal assistance, recreation, transportation

Fieldhome - Holy Comforter
2300 Catherine Street
Cortlandt Manor, NY 10567
914-739-2244 www.fieldhome.com

Building & Grounds:

Modern, spacious building on beautiful 141 acre country setting

Capacity:

202 beds, private, semi-private rooms

Resident Characteristics:

Population requiring skilled nursing care

Special Services:

24-hour skilled nursing care, recreation, social services, religious services, respite care

Glen Island Center for Nursing and Rehabilitation

490 Pelham Road
New Rochelle, NY 10805
914-636-2800
www.glenislandcarecenter.com

Building & Grounds:

1965, air-conditioned building in residential area on 2 acre campus on the Long Island Sound. Large well equipped therapy room, spacious lounges

Capacity:

182 beds, 4 nursing units - 2 on each floor, 14 single rooms with bath, 72 doubles and 6 quads with shared bath plus 2 respite beds

Resident Characteristics:

All ages requiring skilled nursing care and/or rehabilitation

Special Services

24-hour skilled nursing care, physical, occupational, speech therapy, psychological support, therapeutic diets, recreational and social activities, Alzheimer's program, transportation, in-house laundry, unisex hair styling

Guild Home for the Aged Blind

75 Stratton Street South
Yonkers, NY 10701
914-963-4661x501

Building & Grounds:

1979, three air-conditioned brick buildings located on 11 acre campus, protected walkways

Capacity:

219 beds, 173 skilled nursing beds, 26 Alzheimer's Unit beds, 20 AIDS Unit beds

Resident Characteristics:

Men and women with significant visual impairment

Special Services:

Alzheimer's, AIDS, skilled nursing care, therapeutic diet, recreational & social activities, personal care, social services

Hebrew Hospital Home of Westchester
61 Grasslands Road
Valhalla, NY 10595
914-681-8400 www.hhhinc.org

Building & Grounds:

Modern building on multi-acre property, suburban setting

Capacity:

160 beds, 40 Alzheimer's Unit beds

Resident Characteristics:

Adult frail and those needing memory support

Special Services:

Alzheimer's Unit, library, skilled nursing care, therapeutic diet, recreational & social activities, personal care, social services

Helen & Michael Schaffer Extended Care Center
16 Guion Place
New Rochelle, NY 10802
914-632-5000x3800 www.ssmc.org

Building & Grounds:

1971, air-conditioned block building is part of Sound Shore Medical Center complex, city area, patio

Capacity:

150 beds, 18 single rooms with bath, 66 doubles with shared bath, 25 beds for restorative rehabilitation

Resident Characteristics:

Those requiring skilled nursing care, rehabilitation

Special Services:

24-hour skilled nursing care, rehabilitation, therapeutic diets, personal care, social services, recreational, social activities, transportation

King Street Nursing Home

787 King Street
Rye Brook, NY 10573
914-937-5800

Building & Grounds:

1975, air-conditioned brick building on 10 acres in rural area with terraces, patios, central atrium, library, lounges

Capacity:

120 beds, decorator furnished rooms

Resident Characteristics:

None under 50. Will accept mentally confused, difficult personalities

Special Services:

24-hour skilled nursing care, dementia program, therapeutic diets, kosher food, personal assistance, recreational activities

Michael Malotz Skilled Nursing Pavilion

120 Odell Avenue
Yonkers, NY 10701
914-964-3333 www.riversidehealth.org

Building & Grounds:

Modern facility on the campus of St Johns/Riverside Hospital

Capacity:

120 beds, single and double rooms, 8 ventilator beds

Resident Characteristics:

Frail and elderly and those needing skilled nursing care

Special Services:

Skilled nursing, short term rehabilitation, all diets accommodated, recreation, speech therapy, dental, audiology

Nathan Miller Center for Nursing Care

37 Dekalb Avenue
White Plains, NY 10605
914-686-8239

Building & Grounds:

1962, brick building on residential street in suburban area

Capacity:

65 beds, semi-private rooms, 1 respite bed

Resident Characteristics:

Frail elderly requiring skilled care

Special Services

24-hour skilled nursing care, dementia/Alzheimer's programs, therapeutic diets, kosher food, personal assistance, recreational activities

Nathan Miller Center for Nursing Care Inc.

White Plains Center Division

220 West Post Road
White Plains, NY 10606
914-686-8880

Building & Grounds:

1967, suburban area, private adjacent mini-park

Capacity:

88 beds, private and semi-private rooms

Resident Characteristics:

For those needing skilled nursing care, memory support

Special Services:

24-hour skilled nursing care, Alzheimer's care, meals, recreation

New San Souci Nursing Home

115 Park Avenue
Yonkers, NY 10703
914-423-9800

Building & Grounds:

1973, air-conditioned brick building in urban area with small patio

Capacity:

120 beds, 12 single rooms with baths, 54 double with shared bath

Resident Characteristics:

Will accept short-term and long-term care and difficult personalities

Special Services:

24-hour skilled nursing care, therapeutic diets, kosher food, recreational, social, motivational activities, transportation

New York State Veterans Home at Montrose

198 Albany Post Road
Montrose, NY 10548
914-788-6000 www.nysvets.org

Building & Grounds:

Modern, single level building, suburban setting

Capacity:

252 beds, 42 beds per wing

Resident Characteristics:

Veterans requiring skilled nursing care

Special Services:

Skilled nursing, multipurpose room, deli, gift shop, medical, rehabilitation, nutrition, vision & dental

Regency Extended Care Center

65 Ashburton Ave
Yonkers, NY 10701
914-963-4000

Building & Grounds:

Six-story air-conditioned brick building, view of the Hudson and NYC skyline, landscaped gardens with benches

Capacity:

315 beds, 24 single rooms with bath, 110 doubles, 20 triple/quads with shared bath, 1 private respite room with bath

Resident Characteristics:

Young and old, alert and confused, short-and long-term care available

Special Services:

24-hour skilled nursing care, meals (therapeutic diets), recreation therapy

Rosary Hill Home

600 Linda Avenue
Hawthorne, NY 10532
914-769-0114

Building & Grounds:

1983, air-conditioned, stucco and tile buildings, rural area with beautiful lawns, patios, gardens, chapel

Capacity:

72 beds, 24 single rooms, 12 quads

Resident Characteristics:

Incurable cancer patients after all treatments have been completed. Application form complete with copy of pathology report

Special Services:

24-hour skilled nursing care for incurable cancer patients, therapeutic diets, personal care assistance, social services, dental, recreational, motivational, and social activities

Sarah Neuman Center/Healthcare & Rehabilitation

845 Palmer Ave
Mamaroneck, NY 10543
914-698-6005

Building & Grounds:

Two air-conditioned buildings on 5 acres, patios, suburban setting

Capacity:

300 beds, private and semi-private rooms

Resident Characteristics:

Non-sectarian, adults, frail and elderly, requiring skilled nursing care

Special Services:

24-hour skilled nursing care, sub-acute care for short term rehabilitation, Alzheimer's and special care units, recreation, religious services, transportation

Schnurmacher Nursing Home of Beth Israel Medical Center

12 Tibbits Avenue
White Plains, NY 10606
914-287-7200 www.bethabe.org

Building & Grounds:

1974, air-conditioned high rise building, urban area, terraces, health related facility shares building, chapel

Capacity:

245 beds

Resident Characteristics:

Accept broad range of physical and mental deficiencies

Special Services:

24-hour skilled nursing care, Alzheimer's unit, therapeutic diets, social services, personal care, recreation, transportation

Sky View Health Care Center
280 Albany Post Road
Croton-on -Hudson, NY 10520
914-271-5151

Building & Grounds:

1974, air-conditioned brick building in suburban area overlooking Hudson River, roof terrace

Capacity:

192 beds, 32 single rooms with baths, 80 double rooms with shared baths

Resident Characteristics:

Broad range, will accept difficult personalities

Special Services:

24-hour skilled nursing care, rehabilitation nursing, therapeutic diets, personal care, social services, shopping, transportation, recreation

Somers Manor Nursing Home
189 Route 100
Somers, NY 10589
914-232-5101

Building & Grounds:

1967, air-conditioned cement block building on large acreage in rural area with lawns, patios, no public transportation

Capacity:

300 beds, single rooms with bath and patio, doubles with shared bath

Resident Characteristics:

Adult, none under 50. Will accept some difficult personalities, disoriented, short- term

Special Services:

24-hour skilled nursing care, rehabilitation, Alzheimer's care, personal care, social services, recreation

Sprain Brook Manor
77 Jackson Avenue
Scarsdale, NY 10583
914-472-3200 www.sprainbrookmanor.com

Building & Grounds:

1971, air-conditioned brick building in suburban area on several acres, patio, garden, large solariums

Capacity:

121 beds, private and semi-private rooms

Resident Characteristics:

Prefer 65 and over but will not refuse those who are younger. Will accept Alzheimer's residents, couples

Special Services:

24-hour skilled nursing care, all rehabilitation therapies, hospice care, therapeutic/kosher diets, social services, recreation

St. Cabrini's Nursing Home
115 Broadway
Dobbs Ferry, NY 10522
914-693-6800 www.cabrini-missioncorps.org

Building & Grounds:

Air-conditioned, modern brick building in suburban area with patios, garden - sheltered balcony, chapel, library

Capacity:

304 beds, 30 single rooms with private baths, 137 double rooms with shared baths

Resident Characteristics:

some under 50. Will accept Alzheimer's patients, difficult personalities, short-term care

Special Services:

24-hour skilled nursing care, Alzheimer's care, long-term health care, rehabilitation therapy, therapeutic diets, personal care, social services, recreation, trips, transportation, short term respite

St. Joseph's Hospital Nursing Home
127 South Broadway
Yonkers, NY 10701
914-378-7136 www.saintjosephs.org

Building & Grounds:

1976, air-conditioned building connected to hospital with open patio, chapel

Capacity:

200 beds, private, semi-private rooms with shared baths

Resident Characteristics:

Few under 50 years. Will accept blind, deaf, diabetic, mentally confused, short-term care, couples

Special Services:

24-hour skilled nursing care, Alzheimer's care, recreation social services, respite care

Sutton Park Center for Nursing & Rehabilitation

31 Lockwood Avenue
New Rochelle, NY 10801
914-576-0600x100

Building & Grounds:

1971, brick building, all rooms independently heated and air-conditioned, close proximity to the Sound Shore Medical Center

Capacity:

160 beds, 16 single rooms with baths, 48 doubles and 12 quads with shared baths

Resident Characteristics:

All ages, residents from all backgrounds

Special Services:

24-hour skilled nursing care, rehabilitation, therapeutic diets, personal care, social services, recreational, social activities, occupational, physical and speech therapies

Tarrytown Hall Care Center
26 Wood Court
Tarrytown, NY 10591
914-631-2600

Building & Grounds:

Air-conditioned white brick building in residential area with lawns

Capacity:

Tarrytown Hall Care Center is a 120-bed facility located in Westchester County

Resident Characteristics:

Will accept all ages, frail and elderly requiring skilled nursing care for both short- and long-term rehabilitation in the following areas: cardiac care, post surgical care, orthopedic surgery care, tracheostomy care, palliative care, IV therapy, decubitus wound care, outpatient renal dialysis

Daily Services:

24-hour nursing care, physical, occupational, speech and recreational therapy, social services, therapeutic diets

Accept Medicare, Medicaid, and private insurance plans

Taylor Care Center
25 Bradhurst Avenue
Hawthorne, NY 10532
914-493-7762

Building & Grounds:

Brick building on extensive acreage, lawn/picnic areas

Capacity:

321, private and semi-private rooms

Resident Characteristics:

Mostly Westchester County residents, frail and elderly requiring skilled nursing care

Special Services:

Occupational therapy rooms, physical therapy gym, dementia unit, restorative nursing program, ventilator care, hospice services

The Osborn Pavilion
101 Theall Road
Rye, NY 10580
914-921-8203 www.theosborn.org

Building & Grounds:

New 2-story building, 56 acre campus

Capacity:

84 beds, 84 private furnished rooms with .5 baths on two floors; six cluster designs of seven private rooms connected to living room and lounge area

Resident Characteristics:

Adults, elderly and frail requiring skilled nursing care

Special Services:

24-hour skilled nursing care, meals, recreational and social activities

The Wartburg Adult Care Community

Waltemade Health Care Center
Wartburg Place
Mount Vernon, NY 10552
914-699-0800 www.thewartburg.com

Building & Grounds:

Skilled nursing health care center on landscaped 36-acre campus with wheelchair accessible paths, gazebos, gardens and benches. State of the art facility, cheerful restraint-free environment, sunroom courtyard, ample free parking

Capacity:

160 skilled nursing beds, 40 subacute rehabilitation beds, 40 Alzheimer's beds

Resident Characteristics:

18 and older. Will accept couples

Special Services: 24-hour skilled nursing care, separate floor for Alzheimer's and dementia care, separate subacute rehabilitation, short stay respite services, hospice care. On-site medical director, psychiatrist, dentist ophthalmologist and audiologist. Licensed physical, occupational therapists and speech pathologists

Treetops at Mohegan Lake, Inc

3550 Lexington Ave
Mohegan Lake, NY 10547
914-528-2000

Building & Grounds:

1971, brick and stucco building with 3 wings, on 11 acres in residential area with lawns, patios and garden

Capacity:

120 beds, 12 single rooms with bath, 54 double rooms with shared bath

Resident Characteristics:

People in need of skilled nursing and rehabilitation services. Long or short-term care

Special Services:

Physical, occupational therapy, G-tube care, Alzheimer's care, post surgical rehabilitation, stroke and oncology care

United Hebrew Geriatric Center

391 Pelham Road
New Rochelle, NY 10805
914-632-2804 www.unitedhebrewgeriatric.org

Building & Grounds:

UHGC is a vibrant multi-service senior living campus located in the eastern end of New Rochelle bordering Long Island Sound

Capacity:

270 skilled nursing beds. Its newest project, the renovation and expansion of its nursing home facility combines world-class care with state-of-the-art features

Resident Characteristics:

Serves all denominations ages 35 and over, short term rehabilitation for individuals recovering from injury, surgery or illness. It is designed to help patients recover and return home with the highest level of independence

Special Services: 24-hour skilled nursing care, wound care, Alzheimer's care, long term care, cardiac rehabilitation, occupational, physical, and speech therapy and stroke/head injury rehabilitation, personal care, therapeutic/kosher diets, social services, recreation, rehabilitation center, long-term health care program

Victoria Home

25 North Malcolm St
Ossining, NY 10562
914-941-2450

Building & Grounds:

Victorian building linked to brick residence on 6 acres overlooking the Hudson River, woodlands, gardens, lawns, library, sitting rooms, elevator

Capacity:

49 beds, mostly private rooms with shared baths

Resident Characteristics:

Need assistance with activities of daily living, medication management, memory support

Special Services:

24-hour skilled nursing care, rehabilitation therapy, dementia care unit, home cooked meals, recreation

Waterview/Salem Hills Health Care Center, Inc

537 Route 22
Purdy's, NY 10578
914-277-3626

Building & Grounds:

2 modern facilities in rural setting with scenic view, 1 mile from RR station

Capacity:

256 beds, singles with bath and doubles with private and shared baths

Resident Characteristics:

Adults and those requiring skilled nursing care

Special Services:

Therapeutic diets, recreation, long-term care. Social services, personal care assistance, physical, occupational and speech therapies, full service skilled nursing care

Westchester Center for Rehabilitation & Nursing
(Formerly Shalom Nursing Home)

10 Claremont Avenue
Mount Vernon, NY 10550
914-699-1600

Building & Grounds:

1975, air-conditioned brick building in a quiet residential neighborhood with 2nd floor patio and private parking. Easily accessible by all means of transportation

Capacity:

240 beds, 24 single rooms, 108 doubles with shared bathrooms

Resident Characteristics:

Accept patients who require physical, occupational or speech therapy, specialized nursing services (long and short term) respite care, hospice care, Alzheimer's & dementia care, specialized diet/feedings

Special Services:

24-hour skilled nursing care, Alzheimer's/ dementia care, rehabilitation, dialysis, hospice, therapeutic/kosher diets, tube feedings, trach care, wound care, hyperbaric care, social services and therapeutic recreation

Currently undergoing facility renovations, short -term unit coming soon

Westledge Health Care Facility

2000 East Main St
Peekskill, NY 10566
914-737-8400

Building & Grounds:

Air-conditioned brick building on 5 acres with covered patios, dining room and day rooms

Capacity:

100 beds, 12 single rooms with bath, 44 doubles with shared bath

Resident Characteristics:

Geriatric population requiring skilled nursing care

Special Services:

Short-and long-term progressive rehabilitation program. Physical, occupational and speech therapy, hospice care

“Funded through the Department of Health and Human Services, and the New York State Office for the Aging and the Westchester County Department of Senior Programs and Services.”

In accordance with the Federal law, the Westchester County Department of Senior Programs and Services prohibits discrimination because of race, color, sex, national origin, religion, age or handicap, in all aspects of the provision of services for the benefit and welfare of Senior Citizens, and in all employment practices, including hiring, firing, promotion, compensation and other terms, conditions and privileges of employment. Further, subcontractors of the Westchester County Department of Senior Programs and Services shall be required to meet the above stated standards.