

"It's My Healthcare" is an educational initiative to help you understand how to partner with your doctor to get the best health care possible for you and your family.

If your doctor recommends surgery, you will have many questions. Bringing a family member or friend to your doctor's appointment can be helpful. He or she can help you remember what to ask and what the doctor says about your upcoming surgery.

You may also want to take notes. Use this brochure to help organize your thoughts and to record answers to your questions.

It's your health care and you want it to be the best. Take a step toward better health by partnering with your doctor and understanding the information highlighted in this brochure.

For more information, visit
www.westchestergov.com/itsmyhealthcare



Andrew J. Spano, Westchester County Executive
County Board of Legislators

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Thanks to the many representatives from Westchester's hospitals and health care centers and to the medical professionals who contributed to the development of "It's My Healthcare."

Know how to get the best health care When your doctor recommends surgery



It's my healthcare

A joint initiative of Westchester County
and representatives of the county's medical community



If your doctor recommends surgery, you'll have many questions - here are some things you'll want to ask . . .

Did Your Doctor Recently Recommend Surgery?

- Why do I need surgery? _____
- What kind of surgery do I need? _____
- What will you be doing? _____

- What are the benefits and risks of having surgery? _____

- How often have you done this surgery before? _____
- How successful is this surgery? _____
- Which hospital is best for this surgery? _____
- Will the surgery hurt? _____
- Will I need anesthesia? _____
- How long will the surgery take? _____
- How long will it take me to recover? _____
- How long will I be in the hospital? _____
- What will happen after the surgery? _____
- How much will the surgery cost? _____
- Will my health insurance cover the surgery? _____
- Is there some other way to treat my condition? _____
- What will happen if I wait or don't have this surgery? _____

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