

WESTCHESTER COUNTY
DEPARTMENT OF COMMUNITY MENTAL HEALTH
and the
COMMUNITY SERVICES BOARD
cordially invite you to their

Monday, November 2, 2009

The Westchester County Center
White Plains, New York

Light Breakfast
9 a.m. to 9:30 a.m.

Program
9:30 a.m. to 11:30 a.m.

RSVP by October 19, 2009
Pam5@westchestergov.com
or 995-5242

WELCOME

Andrew J. Spano, County Executive

Grant E. Mitchell, M.D., *Commissioner*
Department of Community Mental Health



Terrie Williams

Black Pain: It Just Looks Like We're Not Hurting

Terrie Williams is a clinical social worker by training who became a successful public relations professional. Over the years she has also inscribed her prominence as an author of the successful business and inspirational story, and she has emerged as a passionate advocate for youth and those who battle depression.

Her triumphs have been chronicled in numerous publications such as *Adweek*, *Jet Magazine*, *The Boston Globe*, *New York Daily News*, *Washington Post*, *Crain's New York Business* and *People Magazine*. She is a highly sought-after speaker and has shared her unique talent with many Fortune 500 companies and diverse organizations, from New York University to the National Hockey League.

Ms. Williams' current work, a book entitled, "Black Pain: It Just Looks Like We're Not Hurting", was published by Scribner in 2008 and tells the untold story of depression among African-Americans as well as Terrie's tale of her own chronic and crippling depression. She has a B. A. (cum laude) in Psychology and Sociology from Brandeis University, and an M.S. in Social Work from Columbia University.

CLOSING REMARKS

Andrea Kocsis, Chair
Community Services Board

COMMUNITY SERVICES BOARD

Andrea Kocsis, L.C.S.W., Chairperson
Tibisay Guzman, M.P.S., M.A.
Vera Halpenny, C.S.W.
Dean Harlam, M.D.
Virginia Hawkins
Barbara Kapetanakas, Psy.D.
Leo Leiderman, Psy.D.
Ann Brown Loretan, M.A.
William Magwood, C.A.S.A.C.
Demetrius Moyston, M.Ed.
Virginia L. Susman, M.D.
Dennis Whetsel, M.F.A.

DISABILITY SUBCOMMITTEE CHAIRPERSONS

Barbara Geist --Mental Health
Pat Edelstein -- Developmental Disabilities
Janet Goldberg -- Alcohol & Substance Abuse

Directions to the Westchester County Center:

From Tappan Zee Bridge and Points West: Follow NYS Thruway (I-87) to Cross Westchester Expressway eastbound, Exit 5, Rt. 119 East-White Plains. County Center is ½ mile on the left.

From Connecticut/New England: Take I-95 (New England Thruway) to Exit 21. Follow to Cross Westchester Expressway westbound, Exit 5 Route 100. Turn left. Follow to traffic light at intersection of Route 119 and turn left. The County Center is approximately .3 mile on the left.

From Upstate New York: Taconic State Parkway to its southern end, follow signs to Bronx River Parkway and follow three miles to White Plains. Use Exit 22. The County Center is immediately on the right side.

Metro-North Railroad: Take the Train the White Plains stop. It is within walking distance of the County Center

Bee Line Bus System: Call 914-813-7777 for information.

Westchester
gov.com

Community Mental Health
112 East Post Road
White Plains, NY 10601

Andrew J. Spano, Westchester County Executive
County Board of Legislators

**Westchester
County
wants to
contact YOU
in an
emergency**

For more
information,
go to

www.westchestergov.com/cens

Westchester
gov.com

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County Board of Legislators

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Grant E. Mitchell, M.D., Commissioner