

NUTRITIONIST –WELLNESS PROGRAM

GENERAL STATEMENT OF DUTIES: Promotes children's health, well-being, and ability to learn by supporting healthy eating and physical activity in a school district; does related work, as required.

DISTINGUISHING FEATURES OF OF THE CLASS: Under general supervision, an incumbent of this class is responsible for the coordination, development and implementation of the district-wide school nutrition and physical activity policy. Incumbent will monitor and review the nutritional guidelines to ensure compliance with Federal and State Wellness Regulations. Serves as liaison between the district Wellness Committee, faculty and community. Oversight and guidance may be exercised over food service and/or contract staff.

EXAMPLES OF WORK: (Illustrative Only)

Coordinates the development and implementation of the School District's Wellness Program;

Works with the District Wellness Committee to monitor, review and/or revise the school nutrition and physical activity policies;

Insures compliance with the USDA nutrition standards for national school lunch, school breakfast and/or after-school snack programs;

Encourages students, teachers, parents and community members to promote goals for student wellness by nutrition education and physical activity;

Plans and provides staff development through in-house nutrition education programs;

Recommends a variety of affordable, nutritious and appealing foods that meet the health and nutrition needs of students;

Works with health and physical education professionals to integrate physical activity programs into the classroom setting; suggests recess options, as needed;

Acts as liaison between the Wellness Committee, students, parents, faculty and community;

EXAMPLES OF WORK: (Illustrative Only) (Continued)

Works with community agencies to provide information and promote healthy food practices;

May use computer application software in the performance of the job.

REQUIRED KNOWLEDGE, SKILLS, ABILITIES AND ATTRIBUTES: Good knowledge of the principals of nutrition and its practical application to student health; good knowledge of community health and nutrition resources; ability to evaluate nutrition programs and formulate plans for revision and/or additions; ability to establish and maintain effective relationships with students, parents, faculty, community; ability to speak and write effectively; ability to train others; ability to use computer application software; tact; initiative; resourcefulness; physical condition commensurate with the demands of the position.

MINIMUM ACCEPTABLE TRAINING AND EXPERIENCE: Either: (a) Graduation from a recognized college or university with a Bachelor's Degree in Foods, Nutrition, Nutrition Education or Dietetics and two (2) years experience as a Nutritionist or in food service work, e.g., restaurant, school lunch program, hospital, day care center, senior citizens' center, nursing home; or (b) a Master's Degree in the above fields and one (1) year of the experience as stated in (a); or (c) a satisfactory equivalent combination of the foregoing training and experience.

SPECIAL REQUIREMENT: Must be a current Certified Dietician-Nutritionist by New York State.

SPECIAL NOTE: Possession of a valid license to operate a motor vehicle in the State of New York at time of appointment.

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