

STUDENT NUTRITION WORKER

GENERAL STATEMENT OF DUTIES: Participates in a clinic practicum and interdisciplinary training program in nutrition services and nutrition education; does related work as required.

DISTINGUISHING FEATURES OF THE CLASS: Under supervision, incumbents of this class participate in a clinical practicum in developing and implementing nutritional care plans and providing diet counseling to individuals. Supervision is not a function of this class.

EXAMPLES OF WORK: (Illustrative Only)

Receives on-the-job training and participates in the following functions:

Provides skilled nutritional care to individuals and families;

Develops nutrition care plans based on assessment of nutritional needs, food management skills, family food resources, and health needs;

Confers with physicians on the development of appropriate diet plans for persons with health problems;

Works with physicians and nursing personnel as a member of the health care team to correlate nutritional care with total health care for patients;

Plans diets to meet individual nutritional and health needs, taking into consideration cultural, economic, and life style patterns;

Provides diet counseling to patients and family members including follow-up care;

Monitors progress of patients;

Revises care plans as indicated by evaluation of progress or change in health status;

Makes appropriate referrals to community resources and food assistance programs to help patients achieve dietary objectives.

REQUIRED KNOWLEDGE, SKILLS, ABILITIES AND ATTRIBUTES: Knowledge of the principles of normal and therapeutic nutrition; skill in the application of current scientific principles of nutrition to patient care; ability to develop, implement, and interpret nutrition care plans and to coordinate nutrition care with total health care; ability to communicate effectively; ability to establish and maintain cooperative working relationship; ability to accept and utilize supervision; initiative; resourcefulness; sensitivity to persons of differing cultural backgrounds and traditions; good judgment; neat appearance; tact; integrity; physical condition commensurate with the demands of the position.

MINIMUM ACCEPTABLE TRAINING AND EXPERIENCE: Current enrollment in a Bachelor's Degree* or a Master's Degree* in Nutrition.

*SPECIAL NOTE: Education beyond the secondary must be from an institution accredited or recognized by the Board of Regents of the New York State Education Department as a post-secondary, degree-granting institution.

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J.C.: Non-Competitive†
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Job Class Code: H0045
Job Group: Flat Rate