

## PROGRAM SPECIALIST - NUTRITION EDUCATION

DISTINGUISHING FEATURES OF THE CLASS: Under general supervision, initiates, plans, directs and conducts nutrition education for patients in the Hypertension Treatment Program. Coordinates and evaluates nutrition education programs in neighborhood health centers for hypertension patients. Trains and supervises health center staff who may assist in nutrition education. Provides consultation and in-service education for professional staff on nutritional care for hypertension patients receiving health center services.

### EXAMPLES OF WORK: (Illustrative Only)

Plans, directs, and conducts nutrition education;

Trains and supervises health workers who may assist in nutrition education;

Integrates and coordinates nutrition education program with health center services;

Establishes plan for nutrition assessment. Counsels selected patients;

Trains staff to implement, plan, and identify priority needs for nutrition education;

Provides consultation to center physicians and health care personnel on development and implementation of nutritional care plans.

Monitors and evaluates nutritional care, with recommendations to revise plans, as needed;

Plans and conducts inservice education on nutrition for professional and paraprofessional health center staff;

Evaluates, selects, and develops nutrition education materials;

Works with local community agencies, interprets nutrition education program, and utilizes services of appropriate agencies to further the objectives of the program;

Plans and conducts on-going evaluation of nutrition education;

Participates in research and service projects;

Prepares reports and keeps records related to the nutrition component of the Hypertension Treatment Program. Prepares nutrition education budget as required.

REQUIRED KNOWLEDGE, SKILLS, ABILITIES AND ATTRIBUTES: Thorough knowledge of the principles of normal and therapeutic nutrition and practical application to community health programs; ability to teach the principles of nutrition to patients and to professional health workers; ability to assess nutritional needs related to hypertension and to formulate appropriate nutritional care plans; ability to evaluate nutrition education programs; ability to direct staff in implementing nutrition education programs; ability to interpret and apply complex regulations pertaining to nutrition education; ability to speak and write effectively; ability to work cooperatively with others and to maintain effective interagency and community relationships; initiative; tact; resourcefulness; good judgment; integrity; good health; neat appearance; physical condition commensurate with the responsibilities of the position.

MINIMUM ACCEPTABLE TRAINING AND EXPERIENCE: A Bachelor's degree\* in the field of nutrition and either: (a) a Master's degree\* in nutrition or a related field and one year of experience as a community or clinic nutritionist or nutrition instructor; or (b) two years experience as described in (a); or (c) a satisfactory combination of the foregoing training and experience.

\*SPECIAL NOTE: Education beyond the secondary level must be from an institution recognized or accredited by the Board of Regents of the New York State Education Department as a post-secondary, degree-granting institution.

West. Co. Job Class Code: C1688

J. C.: Competitive Job Group:

WT

1