

## ADULT NURSE PRACTITIONER

DISTINGUISHING FEATURES OF THE CLASS: Under nursing administration and in clinical collaboration with a physician, incumbents of this class provide comprehensive primary care in the areas of child or infant health care, family planning health care or adult health care, which includes health education, preventive medicine, communicable diseases, education, diagnostic and therapeutic procedures. Incumbents provide primary medical care consisting of the necessary examinations, assessments, diagnostic and therapeutic procedures. Supervision may be a function of this class, and instructional guidance is provided to nursing and other health care professionals in the area of expertise. Does related work as required.

### EXAMPLES OF WORK: (Illustrative Only)

Records, reviews and interprets medical and social history of patients;

Performs basic physical examinations, including EKG examinations, breast and pelvic examinations and developmental tests;

Evaluates the physical and psychosocial development of adults and families;

Requests and evaluates diagnostic studies as indicated by the patient's physical status and protocols;

Obtains materials for appropriate laboratory analysis and carries out selected laboratory procedures;

Implements treatment regimen based on clinical evaluation and under the official protocols;

Administers immunizations and medication as required;

Works in collaboration with physicians to establish and implement treatment programs;

Interviews and examines patients at appropriate intervals and revises medication if necessary;

Acts as a resource person to nursing staff and assists with their guidance and training in the area of child and adult care;

May provide advice and counsel on family planning methods in cooperation with nursing and outreach staff, and implements contraceptive regime;

Maintains and improves professional competence through participation in professional activities and continuing education.

EXAMPLES OF WORK: (Illustrative Only)

May access protected health information (PHI) in accordance with departmental assignments and guidelines defining levels of access (i.e. incidental vs. extensive);

Uses computer applications or other automated systems such as spreadsheets, word processing, calendar, e-mail and database software in performing work assignments;

May perform other incidental tasks, as needed.

REQUIRED KNOWLEDGE, SKILLS, ABILITIES AND ATTRIBUTES: Thorough knowledge of current nursing principles, practices and techniques; thorough knowledge of the New York State Nurse Practice Act as it applies to the Adult Nurse Practitioner; thorough knowledge of medical principles and practices as they apply to the role of the pediatric, adult and family planning nurse practitioner; ability to share significant primary health care responsibilities with physicians; ability to establish and maintain cooperative working relationships; ability to exercise leadership; ability to communicate effectively; ability to effectively use computer applications such as spreadsheets, word processing, calendar, e-mail and database software in performing work assignments; ability to read, write, speak, understand and communicate in English sufficiently to perform the essential tasks of the position; thoroughness; sound professional judgment; physical condition commensurate with the requirements of the position.

MINIMUM ACCEPTABLE TRAINING AND EXPERIENCE: Possession of a valid license and current registration, issued by the New York State Department of Education, as a Registered Professional Nurse, and two years of experience where the primary function of the position was professional nursing, and possession of current certification as a Nurse Practitioner, with prescription writing privileges, issued by the New York State Department of Education.

NOTE: Unless otherwise noted, only experience gained after attaining the minimum education level indicated in the minimum qualifications will be considered in evaluating experience.

\*SPECIAL NOTE: Education beyond the secondary level must be from an institution recognized or accredited by the Board of Regents of the New York State Department of Education as a post-secondary, degree-granting institution.