

2007

Department  
of  
Community  
Mental  
Health

*Annual  
Report*

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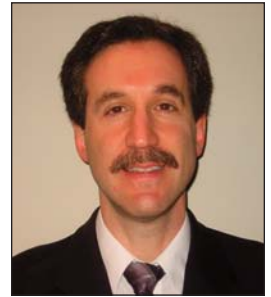
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*Message  
from the  
Commissioner*

# Message from the Commissioner

Since my appointment as Commissioner in March of 2007, I have had the pleasure of meeting and interacting with many individuals and groups. These include the staff of DCMH, recipients, families, providers, community board members, local and state government officials, and numerous others who are dedicated to the prevention, treatment and recovery of those with mental illness, developmental disabilities, and substance abuse in Westchester County.



It has been an exciting time with new opportunities to help the most vulnerable of the Westchester community. With the assistance of the NYS Office of Mental Health, DCMH is implementing a Care Coordination Project. This program will serve individuals who have serious mental illness and other co-occurring disorders and challenges. The goal is to improve their health outcomes while reducing overall costs through improved coordination of care and services.

In 2007, DCMH was awarded a \$2.5 million Federal grant over 5 years to create a new countywide process to identify, assess, refer and track children living with adult substance abusers. The project, through the DCMH Office of Alcohol and Substance Abuse Services, will add child welfare expertise and resources to our current network of chemical dependency treatment providers. The focus will be on breaking the cycle of addiction.

The children's system received the final report of its six-year SAMHSA grant known as The Westchester Community Network. The report indicated that the program reduced children's psychiatric hospitalizations by 30%, as well as decreased school suspensions/expulsions and resulted in improvements in academic performance.

The DCMH Office of Developmental Disabilities Services, with input from interested stakeholders in the MRDD community facilitated the development of a county plan for the future of service development in this area. As a result, a number of priority initiatives are being developed including an Autism Advisory Committee and a Minority Outreach Task Force.

I am very eager to continue the efforts begun in 2007 and look forward to the exciting challenges that this position and the department hold for me in the future. I am very grateful to those who have assisted me during this year of transition.

Sincerely,

A handwritten signature in black ink, appearing to read 'Grant E. Mitchell'.

Grant E. Mitchell, MD

*Adult  
Mental  
Health  
Services*

# Adult Mental Health Services

## Notable Events for 2007

The Westchester County Department of Community Mental Health (DCMH) has embarked on a new program called Care Coordination. Care Coordination will change the way services for adults with serious mental illnesses are delivered. Services will be person-centered and goal oriented. Services will be tracked and monitored to ensure that the most appropriate level of care is being provided, thereby moving the system away from the most expensive services (e.g. inpatient hospitalizations) that produce the poorest results to those that produce better results. These two aspects—a person-centered approach and the monitoring and tracking of services—have been shown to improve the lives of individuals with serious mental illnesses by increasing the likelihood of employment and stable housing. There is also evidence to prove that Care Coordination improves system performance by creating efficiencies. Program planning and development began in the last quarter of 2007. Project implementation including training and service delivery will commence in February 2008.

Having one's own home —whether it is an apartment, a furnished room, or a house — is the cornerstone of independence for people. With stable permanent housing, people with mental illnesses are able to achieve other important life goals, including improved health, education, job training, and employment.<sup>1</sup> In support of this philosophy, the New York State Office of Mental Health awarded Westchester County sixty (60) new supported housing units. These units will be operational by June 2008.

With existing resources, DCMH has engaged a Rochester based agency called Coordinated Care Services Inc. (CCSI). For over 25 years, CCSI has been assisting county mental health departments across the state by creating providing products and services to streamline fiscal operations (e.g. state aid allocations, provider financial reporting) and to develop provider contracts that measure performance. Through this relationship with CCSI, DCMH will utilize these new technologies to reduce staff time. The efficiencies created by this will allow DCMH to move towards performance management of the contract agencies.

The Westchester Partnership – Continuum of Care was awarded \$11.4 million dollars by the Department of Housing and Urban Development (HUD) for new and renewal housing and program initiatives. Of this amount, over \$6

million will be administered by DCMH in the Shelter Plus Care project.

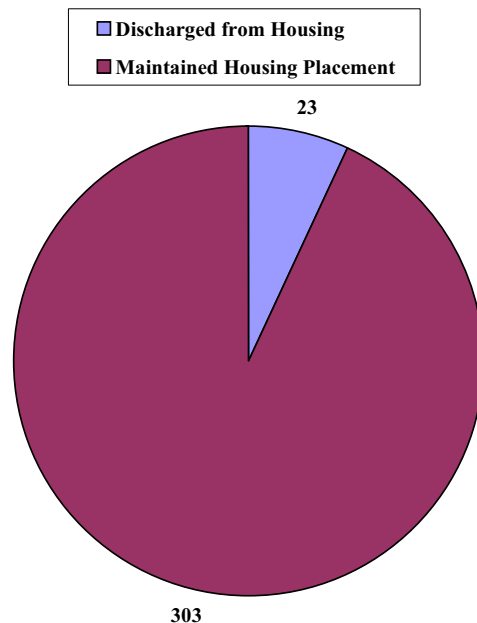


*Michael Hogan, Commissioner of NYS Office of Mental Health and Grant Mitchell, Commissioner of DCMH at the Fall Forum*

## Single Point of Access

The Single Point of Access (SPOA) was developed at DCMH to centralize the process of referrals and placements to residential, case management and Assertive Community Treatment (ACT) services. County operated SPOAs are mandated by the New York State Office of Mental Health and are intended to ensure that those individuals with the most need are able to access a limited pool of resources. As referrals or requests for services continue to increase, DCMH must employ technological solutions to manage access and quality. Even though need continues to rise, individuals with serious mental illness are getting services.

## Single Point of Access Housing in 2007 (N 326)



<sup>1</sup>NAMI, A Housing Toolkit: Information to help the public mental health community meet the housing needs of people with mental illnesses (2005).

## Forensic Services—Training & Community Outreach

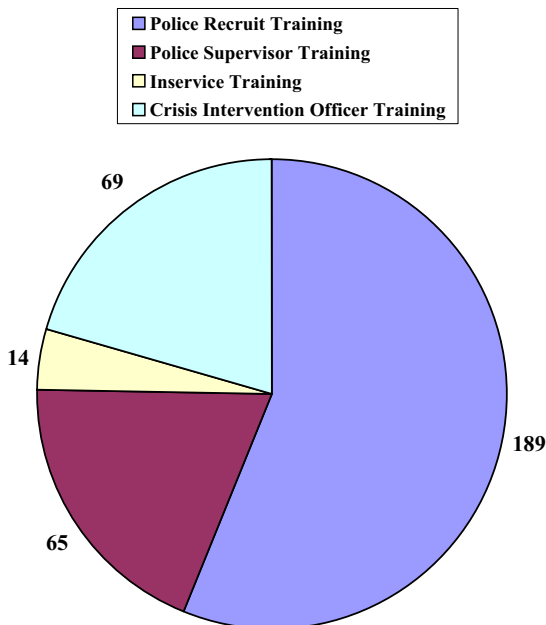
### Police Officers Get Trained in Emergency Response

#### Police Mental Health Training

DCMH staff provided Police Mental Health training to 189 police recruits and 65 police supervisors at the Westchester Police Training Academy. The Police Mental Health Training was designed to train officers to identify emotionally disturbed persons and to handle situations involving these individuals.

In-service training was provided to members of the Yonkers, New Rochelle and White Plains Emergency Service Units to ensure that members of the Emergency Service Units throughout Westchester have the skills and knowledge to effectively de-escalate situations involving emotionally disturbed persons (12).

**Police Mental Health Training  
Number of Officers Trained in 2007  
(N = 337)**



#### Crisis Intervention Officer Training

As reported in 2006, DCMH developed a collaborative training partnership with the White Plains Police Department. Together DCMH and the White Plains Police Department hosted *Crisis Intervention Officer Training* which was provided through the New York State Division

of Criminal Justice Services. This training goes beyond the 16 hours of basic recruit training with a total of 40 hours of training designed to promote the safety of police and peace officers, the safety of people in emotional crisis in the community and the safety of the community at large. The training is designed to prepare officers to handle crises involving people with mental illness while making the mental health system more understandable and accessible to law enforcement officers. Sixty-nine police and peace officers took part in this training.

#### Emotionally Disturbed Person Response Team

The Department of Community Mental Health continued its collaborative efforts with the White Plains Police Department to develop the White Plains Emotionally Disturbed Person Response Team. This team consists of police officers with enhanced mental health training and mental health clinicians who respond to calls involving individuals with a mental illness. These calls may be related to psychiatric crisis in the community, other community concern and may or may not include criminal activity.

This team of co-responders emerged from concern with how frequently people in crisis who interacted with police were not linked to treatments and services. To improve this access, this approach focuses on timely connection to community-based mental health services through the linkage of a mental health professional.

#### Court-Based Initiatives—Jail Diversion

In response to an increased number of individuals entering the criminal justice system—a national phenomenon—DCMH spearheaded two jail diversion initiatives in 2006. Jail diversion is one component of an evidence-based approach to reducing incarceration of individuals with serious mental illnesses. This overall approach is called Sequential Intercept, and DCMH is working to develop each of the critical elements of the model.

#### Mental Health Alternatives to Incarceration

Mental Health Alternatives to Incarceration (MHATI) provides community services to people with serious mental illnesses by using both Intensive and Supportive Case Management support. People with serious mental illness and co-occurring disorders who have been arrested on misdemeanor or non-violent felony charges may be sentenced to participate in treatment and services under the supervision of the MHATI program. Eighty five people were provided with intervention through the MHATI program throughout 2007.

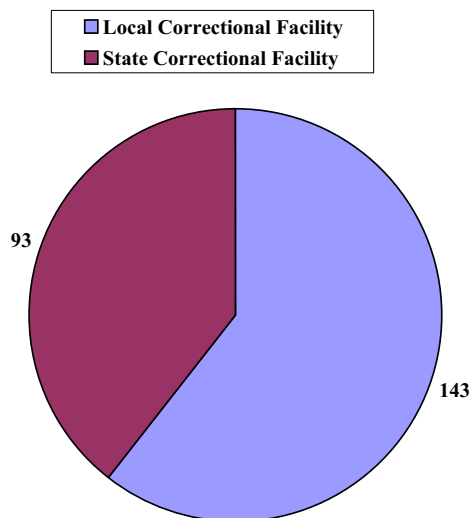
## Westchester County’s Mental Health Court

The Westchester Mental Health Court is a partnership between the Ninth Judicial District, DCMH and the Department of Probation. This problem solving court provides diversion from the justice system for adults with serious mental illness and co-occurring disorders who are facing non-violent felony charges. Collaboratively the Court and DCMH link people to treatment services that support recovery and promote public safety. In 2007, 22 people were participating in the Westchester Mental Health Court. This represents an increase over 2006 and a potential cost savings of \$150,000 by preventing incarceration and by providing access to the appropriate level of services (e.g. reduction in the use of inpatient hospitalizations—not including costs associated with incarceration).

## Transitional Management—Re-Entry

The mission of the Westchester County Reentry Task Force is to make Westchester’s communities and residents safer by reducing recidivism among the population of reentering ex-offenders. Through the development of a collaborative multi-agency task force consisting of local, county and state providers, committed efforts are mobilized to identify and remove barriers and enhance access to supportive services for persons returning to the community from correctional facilities. This task force seeks to enhance access to substance abuse and mental health services; enhance employment services and educational opportunities; and enhance housing opportunities and other supportive services. The program is supported through a grant from the Department of Criminal Justice Services. The grant is administered through the Westchester County Office of the District Attorney. Westchester County District Attorney, Janet DiFiore serves as the chair for the Reentry Task Force. The Reentry Task Force came into existence in January 2007.

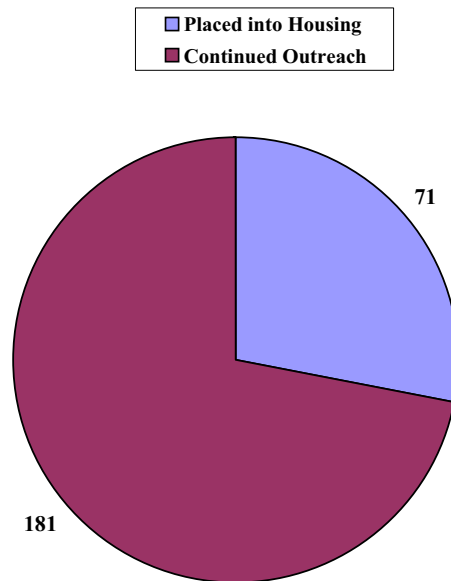
## Transitional Management Services Number of Persons Released by Facility Type (N 236)



## Homeless Outreach and Community Placement Team

This joint effort of Westchester County Department of Community Mental Health, Human Development Services of Westchester and CHOICE of New Rochelle works to transition people from the shelters and streets to permanent housing. Most of these individuals have been involved with the criminal justice system. In 2007, the team served a total of 236 individuals. Of this total, 71 individuals got housing. One-hundred and eighty-one (181) continue to get services, but have not yet been able to secure permanent housing.

## Homeless Outreach and Community Placement Team People Served in 2007 (N 252)



## Assisted Outpatient Treatment (AOT)

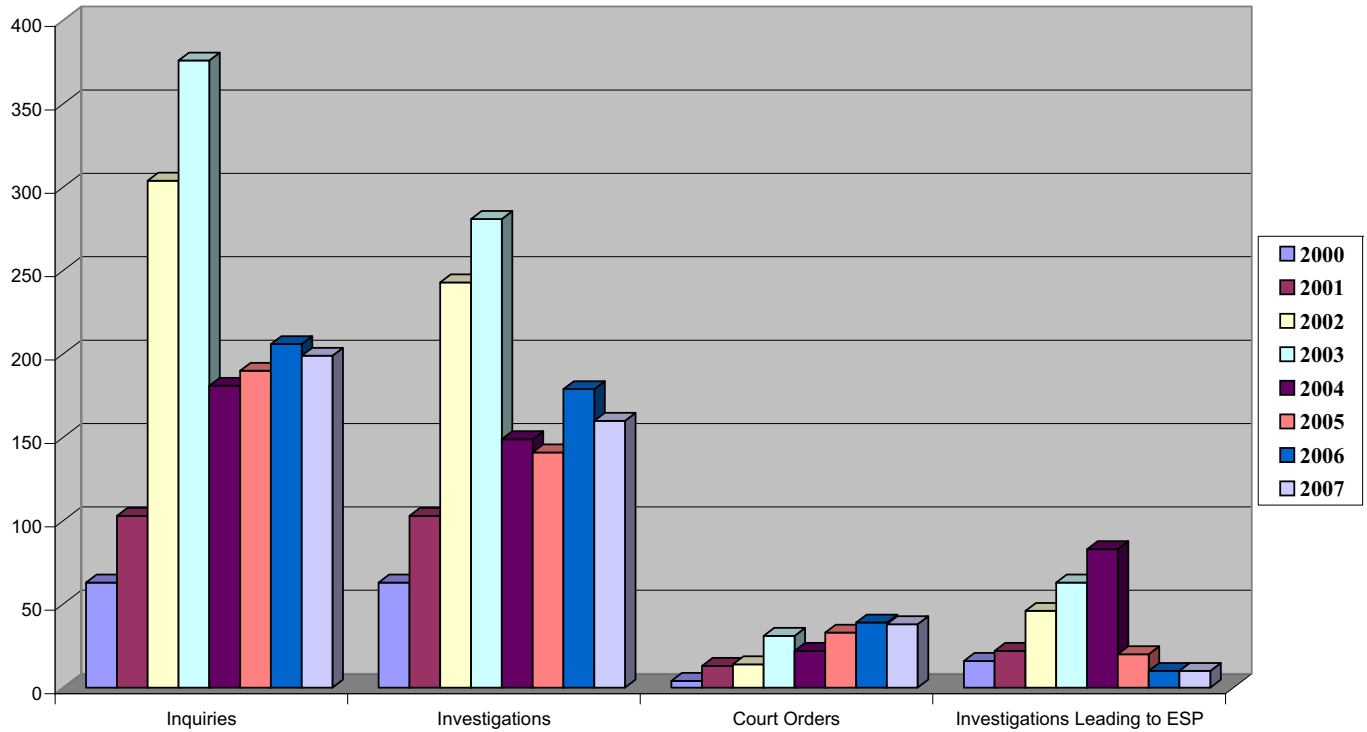
The AOT legislation, also known as Kendra’s Law, provides court-ordered support for treatment and case management staff to intervene with individuals who have not been engaged in treatment, and who pose a significant danger to themselves and/or others.

DCMH coordinates and monitors court ordered and diversion activities for this population. Coordination and monitoring has allowed for rapid access and effective service delivery. For example, in 2007 AOT activities have been integrated with DCMH’s SPOA system, as well

as DCMH's Forensic Services. DCMH maintains an internal committee that has been crucial to the decision-making and oversight process related to Kendra's Law, as well as the coordination and provision of treatment, case manage

ment, housing and other services needed to improve the lives and safety of those individuals to whom AOT applies. AOT will also become an essential component of the Care Coordination project in 2008.

### ASSISTED OUTPATIENT TREATMENT (AOT) 2000-2007



### Psychological Response Team—Floods of 2007

DCMH staff and community providers assisted in the Red Cross recovery efforts following the series of devastating floods in 2007. Over 20 staff volunteered to work at the Red Cross established recovery center to provide crisis counseling to families who suffered loss due to the floods.

### Recipient Affairs

Through the coordination efforts of the Department's Recipient Affairs Specialist, Commissioner Grant Mitchell, MD provided three informational sessions to several of the recipient run networks. At these events, Commissioner Mitchell also gathered important perspectives that will be incorporated into the County's Care Coordination Project.



*Adam Black, Recipient Affairs Coordinator, DCMH and Ashley Brody, Search for Change*

## Dual Recovery Initiative

During 2007, the Dual Recovery Coordinator adapted Dual Diagnosis Capable (DDC) Program Criteria developed by several counties in Western New York. The tool evaluates a provider's readiness to offer comprehensive integrated services to persons with co-occurring mental health and addictive disorders. Technical assistance has been provided to substance abuse and mental health programs on how to develop DDC services. The actual DDC audits are scheduled to begin in January 2008.

The Dual Recovery Initiative offered and/or collaborated on twenty four trainings and presentations attended by over 535 providers and consumers. The trainings covered a diverse range of topics, such as creating safe environments and preventing violence; services for families with co-occurring disorders; family network opportunities for parents with substance abuse, mental illness and/or developmental disabilities; implementation of the modified MINI screening tool; mental health system of care for addiction professionals; criminal procedure law: 730 competency exam; opiate overdose prevention; harm reduction in African American communities; and collaboration across service systems.

The Dual Recovery Coordinator also provided direct service to 234 consumers, family members and providers.

## PROJECT CONNECT

Project Connect is a new initiative for DCMH and the Department of Probation. In 2007, DCMH staff participated in a day long Probation Focus Group to determine goals and objectives for Probation secondary prevention programs, i.e. Juvenile Diversion Supervision, Cognitive Life Skills Intervention, Behavioral Health Intervention and Investigations. In November, 2007 DCMH staff represented Westchester County at a Focus Group sponsored by the New York State Office of Mental Health (OMH) & the Center for Urban Community Services (CUCS) to develop a statewide cross-training program that will focus on training mental health professionals about probation and Alternative to Incarceration Programs. In addition to these trainings, which are scheduled to take place in 2008, staff from DCMH and Probation meet monthly to discuss high risk individuals who are served by both systems. This has already deepened the level of clinical interventions and services available for these recipients.

## PROJECT TRUST

The Department is into its 3rd year of a \$ 2 million dollar five year grant from the Substance Abuse Mental Health Services Administration (SAMHSA). We have created a new resource for homeless individuals living in Westchester County. DCMH is partnering with Grace Church Community Center and Choice a peer led homeless outreach service program and together we have established a daytime drop-in center. The center is open sixteen hours per day seven days per week. The targeted population is homeless individuals who are living with mental illness, substance abuse disorders, and or co-occurring disorders who have rejected or refused to enter the formal shelter system or secure their own housing. Project Trust is offering a flexible approach to engage these clients. We have engaged over 700 individuals during this past year. We have been extremely successful in placing individuals into housing using this approach and have placed twice the national average of other programs funded in this category.



*Dominick Lepore, VP, WMC; Commissioner Mitchell, Cary Wagner, CPEP, WMC; Melissa Staats, Director of Mental Health Services; Adam Black, Recipient Affairs Coordinator; Josh Koerner, Executive Director, CHOICE; Dean Harlam, St. Vincent's*



*Commissioner Mitchell; Andrea Kocsis, CSB Chair; Carol Blessing, The Blessing Consulting Group; Janis Tondora, Professor, Yale Medical School; Brian Phillips, Peer Specialist Consultant*

*Children's  
Mental  
Health*

# Children's Mental Health Services

## Single Point of Accountability (SPOA) and Community Networks

Children's mental health services have a multi-tiered, cross system Single Point of Access (SPOA) to resources and supports for youngsters who have intensive mental health and other service needs. Services include case management, mobile mental health, family support, peer support, therapeutic recreation, respite, and community-based, out-of-home services. SPOA received 267 referrals and served 231 new families in 2007.

SPOA also utilizes a Single Point of Entry (SPOE) and Single Point of Return (SPOR) to develop appropriate family-driven plans for children referred to and returning from out-of-home placement.

SPOE reviewed 68 referrals for residential placement in 2007; 45 youth were maintained in the community with intensive services or placed in lower-levels of care (therapeutic foster care, group home).

SPOR reviewed 88 presentations for children returning back to the community. Seventy nine children returned home successfully or stepped down to lower level, community based care.



*Pat White, Children's Mental Health Services, DCMH; Valerie Saltz, Four Winds Hospital; Betsy Litt, Children's Mental Health Services, DCMH at the Fall Forum*

## Highlights and Major Accomplishments

DCMH has received the final evaluation report from Columbia University's NYS Psychiatric Institute, for its six-year, \$8 million federal project under the Substance Abuse Mental Health Services Administration (SAMHSA), known

as The Westchester Community Network, that supported the development of a system of care for children and families with serious social, emotional, and behavioral challenges. The report indicates that there was a 30% decrease in psychiatric hospitalization for children over baseline rates, as well as decreasing school suspensions/expulsions and improvement in academic performance. The county initiative was recognized for its community-based Networks, its strong family and peer support movements, and its coordinated, interagency work. It continues to be officially designated by the federal government as a national Team Learning Center, available as a visiting and consultation site for federal grant recipients from throughout the country.

In addition to the federally funded services that were sustained as a result of cross system planning and support, 2007 saw the start of new initiatives for children's mental health, many of which were supported through a county Interdepartmental Agreement. The new programs include the Juvenile Fire-Setting Prevention and Intervention Program, which is providing a county-wide response to children and their families in partnership with local fire departments; Family Network that responds to parents with complicated mental health and other needs; Linkages II that continues services to juveniles at New Rochelle/Mt. Vernon Probation; the Co-located Child & Family Clinic in the DSS District Office in Yonkers; a Bilingual Therapist in the WJCS Treatment Center for Trauma & Abuse; and the expansion of Early Step Forward, a mental health early childhood initiative working with Head Start and day care centers in southern Westchester.

We are also looking forward to new initiatives in 2008 that will expand the provision of mental health services to youth and their families who are involved in the PINS Diversion and juvenile justice system.

## Early Childhood System of Care

During the summer of 2007, with the support of the county and the 0-6 Integrated Services Planning Committee, Early Step Forward was expanded. More than 750 children and families are now served by three agencies in 8 Head Start/day care sites in the communities of Yonkers, Mt. Vernon and Port Chester. All of the early childhood centers have begun implementing Second Steps, an evidence-based curriculum focused on teaching social skills to young children, teachers and families. Young children and their fami-

lies who have been identified as struggling with serious emotional and behavioral challenges receive additional individualized “wraparound” services and supports to ensure their success in the pre-school setting and later when they transition to kindergarten. Fordham University School of Social Work, using a learning collaborative approach, is evaluating the effectiveness of the Early Step Forward design with the full participation and support of Head Start Administrators and staff.

In addition to the early childhood community networks in Mt. Vernon and Yonkers, there are now three additional early childhood networks serving Port Chester, White Plains/Greenburgh and Ossining/Tarrytown to provide additional cross-system support to families in the community.

### **Westchester Learning Collaborative**

DCMH facilitated the second year of a Learning Collaborative with 7 mental health clinic agencies under the leadership of Mary McKay, Ph.D., Director of Social Work in Psychiatry & Community Medicine at Mt. Sinai School of Medicine. The primary objective of the initiative was on engagement and retention of children and families in mental health treatment services. NYSOMH along with interested counties in the region visited Westchester this fall in preparation for starting a new regional Learning Collaborative for Child and Family Clinic Plus agencies in 2008.

### **Multi-Family Groups**

In 2007 with the support of a 5 year NIMH grant, Dr. Mary McKay from Mt. Sinai School of Medicine invited Family Ties and children’s mental health agencies in the southern part of the county to work on the development of Multi-Family Groups for children ages 11 and over and their families. The first 14 week group was held at WJCS in Yonkers and graduated 6 families this fall and two new groups, one of which is Spanish-speaking, are now beginning at The Guidance Center in New Rochelle.

### **Child and Family Clinic Plus**

In 2007 all six children’s mental health clinic agencies that sought licensure through NYSOMH were approved to operate clinics under Child and Family Clinic Plus, the new children’s mental health initiative that seeks to reach children as early as possible by providing mental health screenings in schools and other community settings, with follow-up comprehensive assessments and mental health treatment services that are both home and clinic based. In addition, all of the newly licensed agencies have been trained in at least one, if not more, evidence-based treatment practices, such as Cognitive Behavioral Treatment for anxiety and also for depression.

### **Single Point of Accountability (SPOA) and Community Networks**

Children’s mental health services have a multi-tiered, cross system Single Point of Access (SPOA) to resources and supports for youngsters who have intensive mental health and other service needs. Services include case management, mobile mental health, family support, peer support, therapeutic recreation, respite, and community-based, out-of-home services. SPOA received 267 referrals and served 231 new families in 2007.

SPOA also utilizes a Single Point of Entry (SPOE) and Single Point of Return (SPOR) to develop appropriate family-driven plans for children referred to, and returning from, out-of-home placement.

SPOE reviewed 68 referrals for residential placement in 2007; 45 youth at imminent risk of placement were maintained in the community with intensive services or placed in lower-levels of care (i.e., therapeutic foster care, group home).

SPOR reviewed the plans for 88 children returning to the community. 79 children returned home successfully or stepped-down to lower-level, community-based care.

### **Family Network**

Family Network responds to adults with psychiatric and or substance abuse disorders referred through the adult service system. It is a collaboration between Child and Adult Mental Health, Substance Abuse, and MR/DD services, with funding and support through an Interdepartmental Agreement with DSS. Family Network works with families and a broad spectrum of cross-system service providers to develop and implement a coordinated, individualized wraparound plan. In 2007 Family Network held 81 Child and Family Team Meetings (pre-networks, networks and support circles) throughout Westchester County, helping parents to meet their own needs while facing the complicated task of raising children.

### **Family Ties of Westchester, Inc.**

Westchester’s family-support organization for parents/caretakers of children with social, emotional, and behavioral challenges continues to be a leader of system of care work in local communities with strong ties to the community-based Networks. Family Ties’ support services are part of many system of care initiatives in all of the child-serving systems, such as Early Step Forward and the new Building Bridges program in the substance abuse system. There are currently six Family Ties Resource Centers in Yonkers, Mt. Vernon, New Rochelle, Ossining, Peekskill, and Mt. Kisco.

## Cross System Training Initiatives

Children's Mental Health Services provided comprehensive training to the broader child-serving system based on system of care principles and values that promote consistency in expectations and standards of practice in Westchester County.

The Westchester Training Team sponsored and facilitated over 42 training sessions in 2007 with participation from approximately 1,250 service providers and family/peer advocates.

## Coordinated Services for Children & Families with Co-Occurring MR/DD and Mental Health Needs

DCMH has a unique structure that brings together the children's mental health, family support, and developmental disabilities systems to help children with mental health and developmental disorders and their families. The two systems have partnered with Westchester Jewish Community Services to identify needs, coordinate services, sponsor trainings and provide monthly peer supervision and mentoring for professionals and family members in the community. This year a major focus of the group has been parents who have co-occurring mental health and developmental disabilities.



*Family Ties Clearpool Retreat 2007*



*Parent Skills Training*

## Positive Behavioral Intervention and Supports (PBIS) Training and Technical Assistance

DCMH and Putnam/Northern Westchester BOCES continue to provide local training and technical assistance to schools in Positive Behavioral Intervention and Support (PBIS). PBIS is a national best practice model for preventing and responding to school and classroom discipline problems by developing school-wide systems that support staff to teach and promote positive behavior in all students. There are a total of 28 school districts participating in the 3 year initiative. Ten schools were part of the training in 2006; 61 school buildings were added in 2007. State Education has made PBIS one of its top priorities in 2007.



*D. Lightbody, C. Hardesty, G. Tonich, J. Flores, V. Senato, B. Mutschler, A. Flores, P. Elliott, A. Lanari Family Ties Staff*



*Family Ties Picnic 2007*

*Developmental  
Disabilities  
Services*

# Developmental Disabilities Services

In 2007 the department continued to collaborate with other stakeholders in the developmental disabilities system in Westchester County to ensure that all individuals with developmental disabilities and their families had access to appropriate services.

The Westchester County Department of Community Mental Health, with input from interested stakeholders in the MR/DD community, facilitates the development of the Westchester County Plan for Mental Retardation and Developmental Disabilities. This year efforts were made to include more input and participants in the planning process by holding public forums as well as targeted meetings with additional stakeholder groups. Thirteen meetings were held with various stakeholder groups. Themes from these meetings generated the priority initiatives for 2007-2009. Priorities from this plan address a number of systems issues for many underserved individuals, including those with multiple disabilities, Autism, minority individuals and students aging out of school.



*Christine Reinhard, Deputy Commissioner, DCMH;  
Tibusay Guzman, CSB Board Member*

A number of projects and task forces will be developed and facilitated by DCMH as a result of these priority initiatives, including an Autism Advisory Committee and a Minority Outreach Task Force. In addition, supports and services for those individuals with multiple disabilities and those children and adults living at home with their families will be addressed.

## Community Education and Training

Community education and training was provided through our annual Fall Forum, entitled "Assessment of Mental Health Problems in Persons with Intellectual Disabilities" It was presented by Dr. Valerie Gaus. The presentation will be followed by three additional workshops on working with individuals with a dual diagnosis of a developmental disability and mental illness. The Department acknowledged April as Autism Awareness Month by co-sponsoring the first Autism Resource Fair with Navigating the Spectrum, an Autism advocacy and education group in Westchester County. Over 400 families, individuals with Autism and professionals participated in this event at the Westchester County Center. In addition, the Autism sub-website continues to provide information and resources on Autism.



*Matthew Faulkner, MRDD Transition Coordinator, DCMH  
at the Autism Fair*



*Autism Fair, April 2007 at the Westchester County Center*



*Autism Fair, Westchester County Center*

## **Residential Development**

The Department continues to maintain the Registry for services in Westchester County as well as make referrals for residential placement. NYS-CARES and NYS-CARES II and most recently, OPTS has resulted in approximately 500 individuals from Westchester County receiving a needed residential placement since 1997. Approximately 46 individuals received such placement in 2007. Two new residential programs opened this year providing residential opportunities for nine individuals and there are currently thirteen additional residential programs in development, nine of which are new development and four are to restructure existing large programs to better meet the needs of individuals who live there. The development will provide an additional 55 residential opportunities for individuals on the waitlist.

## **Service Coordination**

The Westchester County Department of Community Mental Health offers three Service Coordination Programs for individuals with developmental disabilities. Medicaid Service Coordination (MSC) provides service coordination for eligible children and adults who are living at home, in group homes or independently. The Alternative to Sentencing Program provides service coordination to developmentally disabled individuals over the age of 16 who have been involved in the criminal justice system. It serves as an

alternative to incarceration and helps to prevent re-offending by these individuals. The Homeless Outreach Program, in collaboration with the Hudson Valley DDSO, provides enhanced service coordination and housing supports for developmentally disabled individuals in Westchester who are homeless. These supports help to eliminate their dependence on the Westchester County Shelter System. In 2007 220 individuals and families received MSC, 15 individuals were served through the Alternative to Sentencing Program and 22 individuals received residential placement and/or case management through the Homeless Outreach Program.

## **Day Program Initiative**

Westchester County Department of Community Mental Health—Developmental Disabilities Services Division works with Westchester County School Districts to track the number of developmentally disabled students who will be transitioning from school to adult services. In addition, DCMH assists students and families with this important transition through assistance in registration and information about and referral to various types of adult day services. In June 2007, 94 students transitioned from various school districts in Westchester County and were assisted in securing adult day program services in a variety of settings.

## **Intake and Referral**

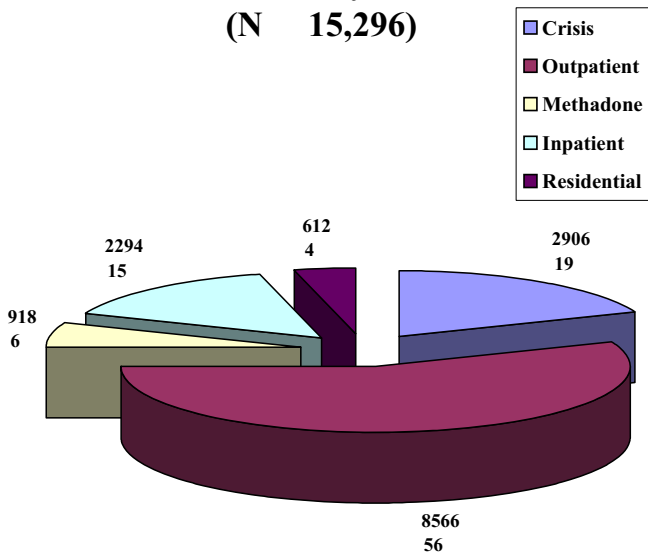
The Department of Community Mental Health serves as the single point of entry for Westchester residents with a developmental disability. A registration form can be obtained from our office or from the DCMH website. The registration form is also available in Spanish. Upon receipt of the application, an intake is initiated and information for eligibility determination is gathered and forwarded to the Hudson Valley DDSO. If eligible, the intake worker assists the family by making referrals to appropriate needed services. Intake data is entered into and maintained in the Developmental Disabilities Registry. Approximately 165 intakes were completed by DCMH for eligibility determinations and a variety of services.

*Office of  
Alcohol &  
Substance*

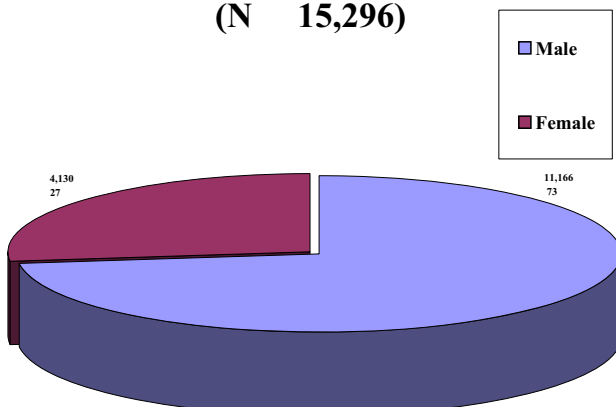
# Office of Alcohol and Substance Abuse

The New York State Office of Alcoholism and Substance Abuse Services Client Data System statistics indicate that 9,094 different Westchester County residents were admitted to treatment for substance abuse disorders in 2007. These statistics are incomplete--late reporting by treatment providers--and the data does not reflect the numbers of men and women seeking substance abuse treatment services through private practitioners. More accurate numbers of treatment admissions are available in April when we anticipate seeing an increase in the number of treatment admissions. There were 11,573 admissions in 2006.

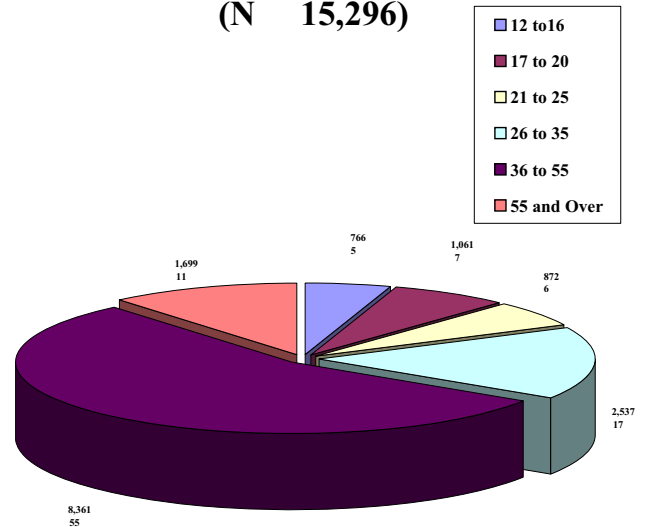
**Admissions to Westchester County  
Admissions by Service  
(N 15,296)**



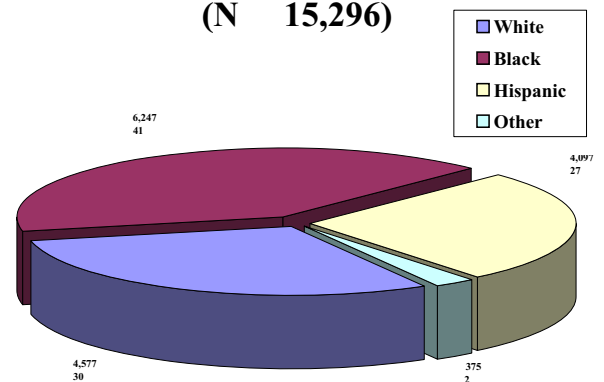
**Admissions to Westchester County  
Chemical Dependency Services by Gender  
(N 15,296)**



**Admissions to Westchester County  
Chemical Dependency Services by Age Group  
(N 15,296)**



**Admissions to Westchester County  
Chemical Dependency Services by Race  
(N 15,296)**



In 2007, St. Vincent's Hospital Westchester Division opened a 20 bed OASAS licensed Part 819, Community Residential Chemical Dependency Services for Women, in Port Chester. Also in 2007 DCMH, working in partnership with WCDSS, provided housing and case management services to chronically homeless substance abusers.

DCMH secured OASAS funding to contract with The Renaissance Project to provide case management services; WCDSS provided funding for rental assistance.

In 2008, St. Vincent's Medical Center Westchester Division will begin providing methadone maintenance treatment service in White Plains, assuming sponsorship from White Plains Hospital. Also in 2008, with funding from NYS OASAS, DCMH will launch a prevention gambling initiative in the county.

## **Employee Assistance Program (EAP)**

The EAP provides assessment and referral services to Westchester County employees as well as the employees of 27 municipalities and Putnam County. Approximately 70 to 80 percent of the contacts with the EAP are from employees seeking assistance for stress related to work and/or family problems. The remaining 20 to 30 percent of referrals are made directly to EAP by supervisors seeking to find help for employees who are having difficulty on the job. A total of 301 intakes were completed in 2007, with EAP providing training to 965 employees in Westchester County with 12 individual appointments for the Collaboration in the Workplace Project (DSS, DOC, DOH, DPW, Parks, WCC, and DCMH). Training for 755 employees in other municipalities and Putnam County were conducted with 24 individual appointments for the Collaboration in the Workplace Project. Training topics included Building Personal and Professional Resiliency, Conflict Resolution, Collaboration in the Workplace Project, Coping with Change, Supervision and New Employee Orientation. Twenty-three Learn at Lunch sessions were conducted with 267 employees participating. Learn at Lunch topics included: Stress Management, Managing your Finances, Yoga for Wellness and How to Get a Good Night's Sleep.

In 2008, EAP will add 2 new contracts totaling 3,378 employees.

## **Treatment Alternatives for Safer Communities (TASC)**

TASC is an alternative to incarceration program working within Westchester County's forty-three (43) local criminal and county courts. Through assessment, referral to services and monitoring of defendants with mental illness and/or substance abuse disorders, TASC screened 3,626 persons of whom 3,333 were diverted from county jail in 2007 (January–November 2007). Through November 2007, TASC has saved Westchester County approximately \$15,055,530 in jail costs with 79% of cases discharged successfully. In 2007 (January–November), TASC referrals increased by 686 cases. This represents a 23% increase over 2006.

This increase is attributed to the implementation of the DWI 732 "Aggravated Driving While Intoxicated" VTL Section 1192. As a result of the increase in TASC referrals, one (1) case management position was added in 2007 and an additional three (3) positions will be added in 2008.

## **Drug and Alcohol Assessments**

In 2007, with funding from the NYS Office of Children and Family Services, DCMH implemented the Collocation Project. This is a partnership among WCDCMH, WCDSS, WC Probation, Lexington Center for Recovery, St. John's Riverside Hospital, White Plains Youth Bureau, Family Ties of Westchester, Albany University and NYS OASAS.

The Collocation Project will provide substance abuse assessment and referral, substance abuse prevention, mentoring and modified case management services to clients and their families who are involved in the Child Welfare and Persons in Need of Supervision (PINS) system.

The implementation of the Collocation Project enhances the substance abuse assessment and referral services already being provided to the child welfare and PINS population by Lexington Center for Recovery and St. John's Riverside Hospital.

### Child Welfare

In 2007, (January–November) Lexington Center for Recovery and St. John's Riverside Hospital completed 257 drug and alcohol assessments in Mt. Vernon; 322 in Yonkers; 166 in White Plains; 159 in Peekskill.

### Persons In Need of Supervision (PINS)

In 2007, (January–November) Lexington Center for Recovery assessed and referred to treatment 323 PINS clients. 214 Younger PINS (under 16 years) and 109 Older PINS (17 - 18 years).

## **Road to Recovery (RTR)**

RTR is an alternative to incarceration initiative developed by the NYS Office of Alcohol and Substance Abuse Services and the NYS Department of Parole and Correctional Alternatives. At the local level, a collaborative effort among DCMH, Westchester County District Attorney and the Westchester County Department of Probation has resulted in Westchester County achieving its target of 20 clients into the program. The RTR program offers long term residential treatment and case management to non-violent offenders. DCMH, through the TASC program, offers the case management component.

## **Managed Addiction Treatment Services (MATS)**

MATS is a NYS OASAS funded initiative to assure effective and appropriate access to needed treatment services and positive treatment outcomes for recipients of chemical dependence services, combined with enhanced cost-effectiveness in the state's Medicaid program. MATS is a voluntary program focused on the provision of case management services. It will be carried out at the county level through a partnership between DCMH and DSS. MATS has enrolled 56 clients with 56% discharged successfully having met some or all of their case management goals. Currently, there are 33 active clients enrolled.

## **Building Bridges**

In 2007, WCDCMH-Office of Alcohol and Substance Abuse Services was awarded a \$2.5 million grant over 5 years from HHS, Office of Children and Families to create a new countywide process to identify, assess, refer, and track children living with adult substance abusers. The goal of the program is to decrease the incident of child welfare involvement for substance abusing parents or caregivers.

The grant focuses on adding child welfare expertise and resources to the county's network of chemical dependency treatment services. Over a 5-year period, 400+ substance abuse counselors will receive training and the tools needed to screen children for serious emotional disturbances or developmental delays, and link children to Networks created to help families access the complex array of services available through child welfare, children's mental health, and special education systems. Long-term intensive case management services for 250 and short-term transitional case management for 350 substance-affected families with children with serious emotional disturbances or developmental delays will be provided.

The provision of services will allow the county to: a) reach many more at-risk children, b) mobilize hundreds of professionals who have the most consistent contact with the adult substance abusers to help screen high-risk children for emotional disturbances, unmet special education needs and developmental delays, and c) intervene earlier, providing preventive and/or family stabilization services before children are placed in foster care or suffer tragic consequences.

Building Bridges is a partnership among WCDCMH, WCDCSS, Lexington Center for Recovery, Andrus and Thomas Saunders.

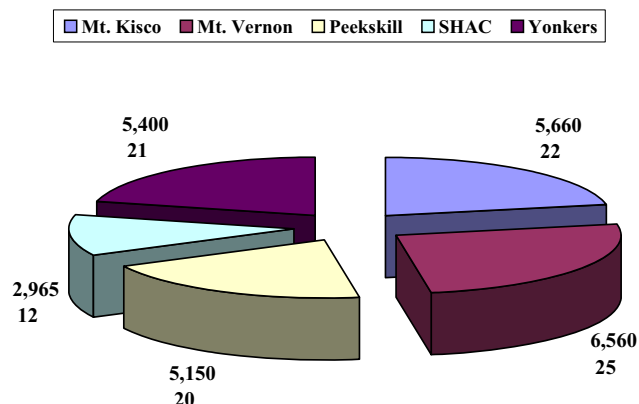
*Office of  
Community  
Service  
Operations*

# Office of Community Service Operations

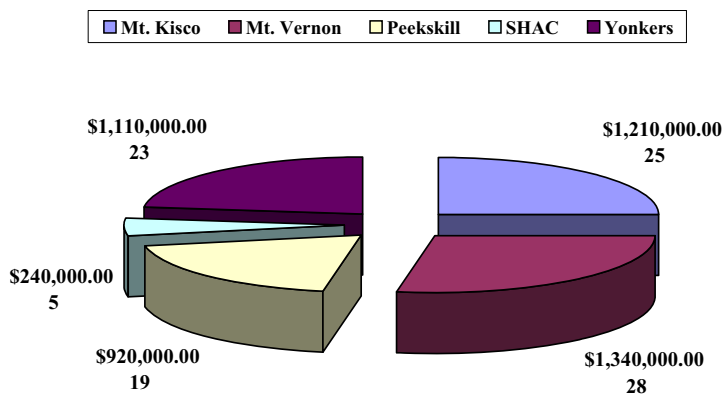
The Office of Community Service Operations (CSO) oversees the operation of four outpatient mental health clinics known as the **Community Service Centers (CSC's)**. Located in **Yonkers, Mount Vernon, Mount Kisco, and Peekskill**, the Community Service Centers provide outpatient mental health treatment services to adults, children, adolescents and families.

The primary purpose of the Community Service Centers is to prevent, identify, stabilize or ameliorate mental illness with a goal of enhancing the recovery of persons living with mental illness, developing a community understanding and acceptance of mental illness and offering treatment and education for persons suffering from any psychiatric disorders. The Community Service Centers also partner and collaborate with other mental health community agencies and county services in an effort to provide a more comprehensive array of behavioral services.

## CSC Visits in 2007 (N 25,735)



## CSC Income in 2007 (Total \$ 4,820,000)



The Community Service Centers provide a full range of outpatient mental health services including medication management. Over 25,000 units of service were provided to 40,000 unique individuals during 2007. Group treatment services for women, men and adolescents are offered to the Westchester County community as well as depression screenings and educational workshops that cover an array of behavioral health concerns.

This year, the Community Service Centers have worked vigorously to further develop partnerships and to collaborate with the Westchester community and state agencies, by participating in mental health initiatives and on staff development projects in an effort to refine and improve community relations, enhance clinician skills and facilitate care coordination. The Yonkers CSC is currently participating in the New York State Child and Family Clinic Plus initiative, an Office of Mental Health program designed to identify children and family emotional needs and to provide access to treatment early on as a preventive measure. In addition, the CSC's clinical staff participated in an Evidence Based Treatment, Cognitive-Behavioral Therapy (EBT-CBT) training currently supervised by the New York State, Office of Mental Health and Columbia University Psychiatric Institute. Furthermore, the CSC's continued collaboration with the Department of Social Services (DSS) has afforded a partnership where mental health services are provided directly on site at the Yonkers DSS District Office. Last, but not least, the CSC's continue to work in partnership with the Department of Social Services to assess and coordinate the employment, vocational and mental health needs of public assistance recipients.

The Community Service Centers continue to serve an ethnically diverse group of patients, the vast majority of who rely on Medicaid or are the working poor, uninsured citizens of Westchester County. Sixty-six percent of the recipients of the CSC's rely on Medicaid and Medicaid Managed Care organizations to pay for their treatment.

The Office of Community Service Operations also oversees the **Single Homeless Assessment Center (SHAC)** program. Located at Grasslands Campus of Valhalla, the purpose of SHAC is to assess the bio-psychosocial needs of the homeless population in Westchester County. A homeless person entering SHAC receives a three-day comprehensive assessment of their mental health status, substance

abuse history and health condition. Based on the results of the assessment, a unified individualized treatment plan is developed for each homeless person seen at SHAC. The plan identifies the best temporary housing opportunity for the person as well as their treatment needs and plans for self-sufficiency. SHAC provided close to 3,000 units of service in 2007 to over 1,000 individuals. The program works collaboratively with staff from the Department of Community Mental Health (DCMH), the Department of Social Services (DSS), the Greenburgh Health Center, and in partnership with the Volunteers of America (VOA) in an effort to provide a comprehensive service.



*Michael Feminella, Director of Division, Mt. Kisco Community Service Center; Yolanda Cruz-Martinez, Director of Community Service Operations; Rotimi Bajulaiye, Director of Division, Yonkers Community Service Center; Heidi Lee, Yonkers Community Service Center Staff*

*Highlights  
of  
Community  
Education*

# Highlights of Community Education

## Highlights of Community Education

The Department sponsors two free educational events open to the public each year. This year the Annual Meeting was held in May in recognition of National Mental Health month. The event was attended by over 300 consumers, professionals and families. Our keynote speaker and well known author Pete Earley presented an overview of his latest book, "Crazy: A Father's Search through America's Mental Health Madness." It was an excellent presentation enjoyed by all.

The Fall Forum a program that historically focuses on specific clinical issues was held in November. This year's theme for mental health focused on, "Care Coordination Building on Success. The New York State Commissioner of Mental Health, Michael Hogan, Ph.D., was the keynote speaker. Commissioner Hogan outlined New York State's plan and offered his support to Westchester's new initiative known as the care coordination model. DCMH will be moving forward with this model in 2008 to better serve individuals living with serious mental illness.

The Office of Developmental Disabilities focused their program on a previously identified need, "Assessment of Mental Health Problems in Persons with Intellectual Disabilities." The keynote speaker, Valerie Gaus, Ph.D., offered valuable information to all.

The Mental Health Awards were established 24 years ago as a way to give special recognition to individuals and exemplary programs for enhancing the lives of individuals who have mental illness, developmental disabilities, alcohol and/or substance abuse problems. The individuals and organizations recognized are not part of the traditional service delivery system here in Westchester County. Instead they have volunteered their time, talent and energy to provide services to those in need.

This year's recipients were as follows:

- **Judith Omidvaran**- is a community advocate for autism. In addition to organizing parent support groups she volunteered a great deal of time and assisted Ira Minot creator of Mental Health News to publish a separate edition focused on Autism. This edition provided valuable information and resources for the community.
- **Sandy Sachman**- is an extraordinary volunteer. She donates her time, energy and enthusiasm to work with children who have experienced trauma and deprivation who are in need of intensive supports at Westchester Medical Center's Behavioral Health Center.



*Annual Meeting, 2007, Westchester County Center*



*Sandy Sachman, Four Winds Hospital; Elyse Allbee, Richmond of NY; Judith Omidvaran; Andy Spano, County Executive; Staff of Shoprite of Croton-on-Hudson at the Mental Health Awards*

- **The Shop Rite in Croton on Hudson**-has made as commitment to hiring individuals with developmental disabilities and has accommodated and supported their work efforts by proving flexible work schedules and encouragement. They are to be commended for showing leadership in employing individuals who have special needs.
- **Dolores Haffner** – an experienced horticulturist volunteered her time and creativity to establish a new green house with developmentally disabled adults at Open-gate’s day program.
- **Barry Mishkin** – of Family Britches in Chappaqua went above and beyond when he sponsored a fashion show for Richmond of New York and raised over \$12,000 to benefit programs for children and adults with developmental disabilities.

Our website continues to grow and is an important resource for community members. Our autism sub web continues to get many visits, as well as our depression / post-partum depression sub-webs. We look forward to expanding our web resources in 2008. The Westchestergov.com website, the overall county website, is in the process of expanding and our department will be part of this process.

This year we collaborated on two noteworthy projects. The Department of Community Mental Health, the Department for Senior and Senior Programs, and the Department of Health continue to be members of the Geriatric Mental Alliance – Westchester Branch along with over 50 other government agencies and not for profit agencies. The Westchester Branch of the Alliance worked hard to aid in the development of what will now be state wide development of mental health services for older individuals. The act calls for public education, structural changes, inter-agency collaboration, quality improvement measures and workforce development as well as the demonstration grants. These grants will be funded April 1, 2007 according to the New York State Office of Mental Health. Family Services of Westchester was awarded one of the gatekeeper grants and we will work with them on this project.

Westchester County’s Office of Hispanic Affairs, the Mental Health Association Of Westchester, Inc. and our department have been working with Latino mental health providers throughout the county on assessing needs and conducting outreach efforts to engage Latinos who are in need of treatment. We have made significant progress in this area. We continue to work with Saint Vincent’s Hospital and Medical Center’s Latino Treatment Service. Mental Health as well.

We have provided numerous trainings and have participated in many public events throughout the year.



*Mary DeVivo, Coordinator of Community Education, DCMH; County Executive Andy Spano; Commissioner Mitchell at the Annual Meeting at the Westchester County Center*



*Fall Forum at the Westchester County Center*



# Financial Information 2007 Annual Budget

<b>Total Departmental Expenditures</b>	<b>\$16,563,856</b>
<b>Revenues (Income and State Aid)</b>	<b>\$9,375,830</b>
<b>Westchester County Tax Levy Support</b>	<b>\$7,188,026</b>
<b>Mandated Tax Levy Support</b>	<b>\$400,000</b>

## 2007 County Tax Levy Voluntary Agencies

<b>Agency</b>	<b>Program Services</b>	<b>Funding</b>
Mental Health Association	Services for Children at Risk	\$65,510
Westchester Residential Opportunity	Shelter Plus Care	\$15,050
Human Development Services	Shelter Plus Care	\$18,555
Westchester Jewish Community Services	Family Court Services	\$26,875
	Court Appointed Special Advocates Program (CASA)	\$113,950
Guidance Center	Early Step Forward	\$250,000
The Weekend Center	Generations Program	\$112,875
Yonkers General Hospital	Inpatient Drug Detoxification and Mount Vernon Court Program	\$53,750
<b>Total</b>		<b>\$656,565</b>

**Department of Community Mental Health 2007  
Cost of Program and Source of Funding**

	<b>Gross</b>	<b>Income</b>	<b>Net</b>	<b>Local Share</b>	<b>State Share</b>	<b>Federal Share</b>	<b>COPS/CSP DSH</b>	<b>Voluntary Contributions</b>
<b>Department of Community Mental Health</b> (Including Administration)								
Mental Health	15,568,473	5,057,550	10,510,923	4,922,093	2,233,230	1,210,800	2,144,800	0
Mental Retardation	1,518,588	526,338	992,250	250,418	741,832			0
Alcohol and Substance Abuse	2,496,057	1,397,794	1,098,263	758,992	339,271			0
TASC	1,542,258		1,542,258	807,302	734,956			0
<b>Mental Health <u>Contract Agencies</u></b>	130,308,073	93,969,041	36,339,032	15,764	15,692,499	630,593	16,958,226	3,041,950
<b>MH Total: DCMH + Contract Agencies</b>	145,876,546	99,026,591	46,849,955	4,937,857	17,925,729	1,841,393	19,103,026	3,041,950
<b>Mental Retardation/Developmental Disabilities <u>Contract Agencies</u></b>	8,162,420	5,478,658	2,683,762	15,662	1,139,592			1,528,508
<b>MR Total: DCMH + Contract Agencies</b>	9,681,008	6,004,996	3,676,012	266,080	1,881,424			1,528,508
<b>Office of Alcohol and Substance Abuse <u>Contract Agencies</u></b>	40,530,447	29,569,713	10,960,734	241,790	9,539,792		1,179,152	0
<b>OASAS Total: DCMH + Contract Agencies</b>	44,568,762	30,967,507	13,601,255	1,808,084	10,614,019		1,179,152	0
<b>Criminal Procedure Law</b>	400,000	0	400,000	400,000				
<b>Total Department of Community Mental Health Programs</b>	200,526,316	135,999,094	64,527,222	7,412,021	30,421,172	1,841,393	20,282,178	4,570,458

# Minority and Women Owned Business Enterprise

## Contract Statistics for the Year 2007

**I. Name of Commissioner/Department Head:**

Grant Mitchell, M.D.

**II. Department:**

Community Mental Health

**III. Contact Person:**

Robert Kopenhaver

**IV. State the total number of contracts for the year 2007 that were awarded by and on behalf of your department.**

**Total: 1**

**V. State the type of contract, number of contracts and the dollar amount for each contract your department entered into with outside vendors/contractors for the year 2007:**

<b>1.</b>	<b>a.</b>	<b>Type of Contract(s)</b>	<b>1</b>	<b>Billing System for Clinics</b>
		(Please list in detail; attach additional sheets if necessary)		
	<b>b.</b>	<b>Total number of Contracts for the year 2007</b>	<b>1</b>	
	<b>c.</b>	<b>Total dollar amount</b>	<b>\$16,534</b>	

## Mental Health Services

ACLAIMH  
AHOME  
Association of Mentally Ill Children  
National Alliance for the Mentally Ill  
of Westchester  
Behavioral Health Center  
Careers for People with Disabilities  
Center for Career Freedom  
CHOICE  
CLUSTER  
Community Aid for Retarded Children  
Family and Community Services (clinic closed)  
Family Service of Westchester  
Family Ties  
Grace Church Community Center  
The Guidance Center  
Hudson River Healthcare, Inc.  
Human Development Services of Westchester  
Jawonio, Inc.  
Jewish Board of Family & Children's Services  
Julia Dyckman Andrus

The Mental Health Association of West. Cty.  
Mount Vernon Hospital  
New York Presbyterian Hospital  
Phelps Memorial Hospital  
Planned Community Living  
Rehabilitation Support Services  
St. Joseph's Medical Center  
St. Vincent's Hospital and Medical Center  
of New York, Westchester Branch  
Search for Change  
The Sharing Community  
Sound Shore Medical Center of Westchester  
Volunteer Center - United Way  
Volunteers of America - Greater New York  
Westchester Arts Council  
Westchester Consumer Empowerment Center  
Westchester Independent Living Center  
Westchester Jewish Community Services  
Westchester Residential Opportunities  
Westhab  
White Plains Hospital  
Yonkers Community Action Program

## Alcohol and Substance Abuse Services

College Careers Fund of Westchester  
Cortlandt Youth Services Program  
The Guidance Center  
Halfway Houses of Westchester  
Harrison Youth Council  
Hastings Youth Advocate Program  
Hudson River Healthcare, Inc.  
Hudson Valley Hospital Center  
Larchmont/Mamaroneck Guidance Council  
Mount Vernon Board of Education  
Mount Vernon Hospital  
Pelham Guidance Council  
Phelps Memorial Hospital  
Westchester Jewish Community Services

Renaissance Project  
St. Joseph's Medical Center  
St. Vincent's Hospital and Medical Center  
of New York, Westchester Branch  
The Sharing Community  
Student Assistance Services  
Volunteers of America - Greater New York  
Lexington Center For Recovery  
Westchester Community Opportunity Program  
Westchester Medical Center  
White Plains, City of  
White Plains Hospital Center  
St. John's Riverside Hospital  
Yonkers Community Action Program  
Yonkers Residential Center

# Contract Agencies

## County Executive's War on Drugs Program

Lexington Center for Recovery

St. John's Riverside Hospital

## Developmental Disabilities Services

Abbott House

Association for Mentally Ill Children of  
Westchester

Careers for People with Disabilities

Community Aid for Retarded Children

Community Living Corporation

Epilepsy Institute

Epilepsy Society of Southern New York

The Guidance Center

Jawonio, Inc.

The Plus Company

St. Jude Habilitation Institute - Institute  
of Applied Human Dynamics

United Cerebral Palsy Association of  
Westchester County

Westchester Association for Retarded Citizens

Westchester Institute for Human Development

Young Women's Christian Association of  
Yonkers Community Action Program

## Employee Assistance Programs 2006

City of New Rochelle Public Library

City of Rye

City of White Plains

County of Putnam

Somers Fire District

Town of Cortlandt

Town of Greenburgh

Town of Harrison

Town of Mamaroneck

Town of Montrose Volunteer Fire Department

Town of Ossining

Town of Southeast

Village Hastings on Hudson

City of New Rochelle

Town of Yorktown

Village of Elmsford

Village of Mamaroneck

Village of Mount Kisco

Village of Ossining

Village of Pelham

Village of Pelham Manor

Village of Pleasantville

Village of Port Chester

Village of Rye Brook

Village of Scarsdale

Village of Tarrytown

Westchester Joint Water Works

# Acknowledgements

## **COMMUNITY SERVICES BOARD MEMBERS**

Andrea Kocsis, L.C.S.W., Chairperson  
Tibisay Guzman, M.P.S., M.A.  
Vera Halpenny, L.M.S.W.  
Dean Harlam, M.D.  
Virginia Hawkins  
Leo Leiderman, Psy.D.  
Ann Loretan, M.A.  
William Magwood, M.S.  
Demetrius Moyston, M.Ed.  
Virginia Susman, M.D.  
Ellen Weiner, M.P.H.  
Dennis Whetsel, M.F.A.

## **DISABILITY SUBCOMMITTEE CHAIRPERSONS**

Barbara Geist, B.A. --Mental Health  
Pat Edelstein, B.S. -- Developmental Disabilities  
Harris B. Stratyner, Ph.D. -- Alcohol & Substance Abuse

## **AREA MENTAL HYGIENE COUNCIL CHAIRPERSONS**

Susan Wayne, L.C.S.W. – Mount Vernon Council  
Nancy Badding, D.S.W. – Northern Westchester Council  
Leo Leiderman, Psy.D. – Central/Sound Shore Council  
Nancy Ment, L.C.S.W. – Yonkers Council