

**IRVINGTON SCHOOL DISTRICT'S WALK TO SCHOOL DAY
SAVE MONEY, GET HEALTHY**

All Irvington schools stepped up to get involved during International Walk to School Day on Wednesday, October 8th. The brisk autumn air and clear sunshine made it a perfect day for the event.

Additionally, students were treated to a special visit from Senator Andrea Stewart-Cousins who came by to help celebrate the day with our students.

In a recent article published in the July 2008 issue of *School Transportation News Magazine*, the editor Ryan Gray stated that if approximately 250 high school students walked instead of driving their cars to school, they could save a combined \$37,152 and 10,800 gallons of gasoline. A daily savings of \$5 per day over a two-day period could buy a movie ticket. The biggest benefits, however, are in exercise as well as helping to reduce the global carbon footprint for everyone.

For these reasons and more, all Irvington Middle and High School students were encouraged to make every effort to walk to school on October 8th. At Main Street School, the children were escorted by staff on a walk in the morning to Memorial Field where they enjoyed Bull Dog Day. Under the supervision of staff, Dows Lane children walked on the Aqueduct. A number of parents also participated. It was a glorious morning for a walk in our community!



Dow's Lane students walked on the Irvington Aqueduct, accompanied by Superintendent Dr. Kathleen Matusiak.



Main Street School students walked to Memorial Field and are seen here with Senator Andrea Stewart-Cousins and Superintendent Dr. Kathleen Matusiak.

